





CONTENT

- 4 SKIING
- 6 Welcome
- 8 Unique location
- 12 Family
- 16 Snowpark
- 18 Ski schools

20 JOYS OF WINTER

- 22 Cross-country skiing & tobagganing
- 23 Snowshoe & winter hiking
- Night skiing & night tobagganing
- 25 Freeride & Ski touring
- 26 Huts / restaurants
- 28 A sustainable resort
- 30 Panorama

32 SKI PASS - PACKAGES

- 32 Kühtai lifts
- 34 Welcome Card
- 35 Kühtai-Hochoetz Ski Pass
- Online ski ticket
- 36 Ski plus City Card
- 38 Package SKI-FREE

40 COMPANIES KÜHTAI

- 42 Hotels, inns, apartments, huts ...
- 65 Ski schools and shops
- 70 SKITOUR JEWEL SELLRAINTAL
- 74 COMPANIES SELLRAINTAL
- 76 HIGH ALTITUDE TRAINING CENTRE
- 77 SUMMER IN KÜHTAI-SELLRAINTAL
- 37 Arriva
- 52 Tourismus Information Kühtai
- 52 Kühtai-website & -livecams
- Our Mountain doctor

L



AUSTRIA'S HIGHEST WINTER SPORTS RESORT

DISCOVER THE WINTER PARADISE OF KÜHTAI

FASCINATING SNOWY LANDSCAPE - IDYLL IN WHITE

Snow in all its splendour and variety - Kühtai offers dream views with a glittering mountain panorama and a wide range of leisure activities thanks to its excellent altitude of 2,020 metres. From the start of the season until well into spring, sports enthusiasts and families will find pure winter bliss on and off the perfectly groomed pistes.

perfectly groomed slopes with magnificent views







Short distances, short preparation: straight after breakfast, into your ski boots and off to the piste - you rarely find this freedom anywhere else. Whether you start from a comfortable hotel, cosy inn, flat, guesthouse or chalet - you are always on the piste straight away. Enjoy the ideal infrastructure and the interconnected slopes. The 8-seater KaiserBahn gondola, the 6-seater GaisKogel chairlift, the 4-seater WiesBerg chairlift, three weather-protected 4-seater chairlifts, a double chairlift, three T-bar lifts, a WunderTeppich as well as the 204 metre long covered KühTeppich are waiting for you.

HIGH UP IN KUHTAI

IN THE MIDST OF SNOW AT 2,020 M: SLOPES & HIKING PATHS RIGHT ON YOUR HOTEL DOORSTEP



HOLIDAYS IN THE BEST LOCATION

Skiing fun starts right on the doorstep - pistes, toboggan runs and lifts are so close that you can immerse yourself seamlessly in the skiing fun. The kids only need a few metres to the ski course, teenagers can quickly reach the KPark and the whole family can quickly find their way down the leisurely slopes. The car can safely be left in the car park.



A HOLIDAY TO REMEMBER

The clear mountain air and the simple beauty of nature make an unobtrusive impression. It is precisely at moments like these that you can unwind in the ski hut or on the sun terrace with a refreshing drink and take in the panorama of the wide pistes. A special experience also awaits in the evening, when the brightly lit piste or toboggan run invite you to enjoy sporting fun in the moonlight. These moments full of magic and tranquillity are something you will want to experience again and again.







WORLD CUP VILLAGE KÜHTAI – FACTS & HIGHLIGHTS

- ► Skiing right to the hotel door
- ► Far from noise, stress and hectic
- ► Healthy altitude at over 2,020 m
- ► Snow guarantee from early December to the end of April
- ► Access to the ski area possible at almost all lifts
- ► 1 skipass 2 ski areas 90 km of slopes
- ► Wednesday and Saturday night skiing
- ► Wide ski runs, thus no crowds on the slopes
- ► Fantastic deep powder snowslopes
- ► KPark: FreeStyle-Area & SnowCross
- ► KidsPark: for children and beginners
- ► Unique skitouring area

slopes for every skill level

- ► Cross-country ski trails (classic & skating)
- ► Austria's longest covered magic carpet
- ► Highest toboggan run in Tyrol, floodlit at night
- ► Adventure snowshoeing and winter hiking
- ► Over 20 cozy bars, restaurants and ski huts
- ► Readily accessible (only 30 km from Innsbruck)
- ► Innsbruck airport only 35 minutes away



TIME TO PAUSE FOR THOUGHT

Forget the Ballermann on snow. Kühtai is the perfect place for anyone who wants to enjoy a skiing holiday without the crowds and queues. With plenty of kilometres of pistes and lifts, sunny terraces and cosy huts, Kühtai offers pure winter enjoyment. And the culinary delights are also top class!



SKIING FUN FOR THE WHOLE FAMILIY

FOR CAREFREE FAMILY MOMENTS



FAMILY FUN: FUN IS AT HOME HERE

Being together in the Tirol mountains – with friends or family. Hunting for adventures, backed up by heartfelt hospitality and in anticipation of pleasant relaxation. The quality certified family ski resort Kühtai brings people together. In a setting that lives up to its promise. While skiing on the slopes, in the KPark or KidsPark, while sledding, winter hiking or crosscountry skiing.





BERGBAHNEN KÜHTAI: KIDS BORN IN 2017 AND LATER FREE*





- ► StartBahn
- ► KühTeppich magic carpet
- ► WunderTeppich magic carpet
- ► KidsPark (children and fun park newbies)
- ► Toboggan run also floodlit
- ► Snowshoe hiking
- ► Children's ski lessons (please reserve in advance)

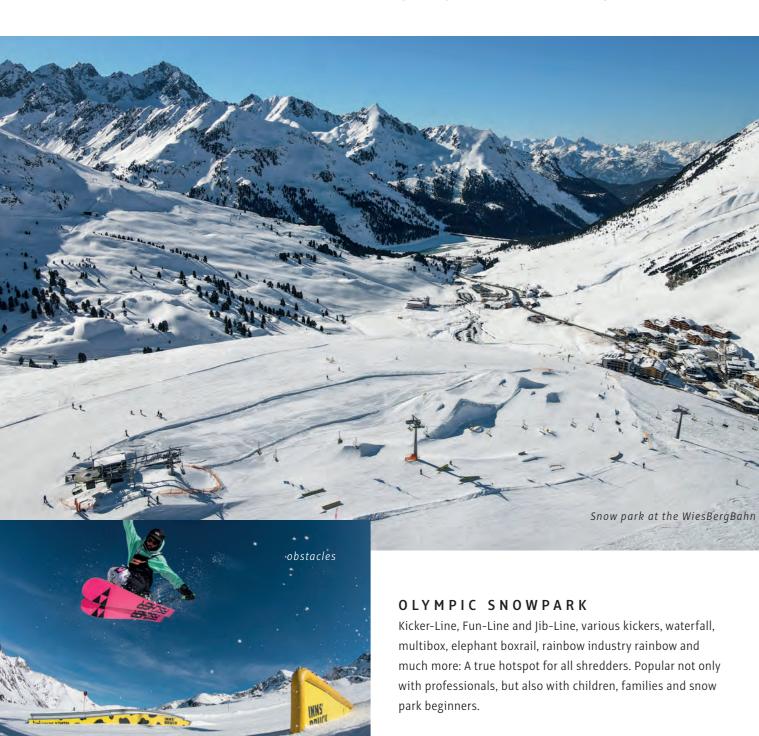
Fun for the kids is guaranteed in Austria's highest ski resort. From the magic carpet and skiing lessons for the very young to the KidsPark with various boxes and rails that allow them to try their hand at jumping, sliding and jibbing for the first time - Kühtai provides plenty of variety. Whether it's on our wonderful, wide slopes or off the beaten track during fun tobogganing and snowshoe hikes.



* Children up to and including those born in 2017 receive a free KidsKühCard (€2.00 deposit) when you purchase an adult ski pass.

KPARK KUHTAI

SNOW AND FUN PARK



17

FREESTYLE-AREA

The FreeStyle area offers a wide range of creative jumps and and obstacles with a focus on medium lines. These include a kicker line, a fun line and a jib line with two lines.

KIDSPARK

Perfect not only for children, but for practicing snowpark newbies in general.

SNOWCROSS

For those who want to let off steam with speed and small obstacles, there is the SnowCross track with lots of hills, jumps and curves.

SnowCross area

kicker and obstacles in the FreeStyle-Area



KidsPark (children and fun park newbies)

More information at www.kpark.at



SKI SCHOOLS

FOR SAFE
SKIING & FUN
ON THE SLOPES

Getting better, in a setting that is fun. This is how everyone should learn how to ski or snowboard.



THE JOURNEY IS THE REWARD

That applies to ski lessons as well they should be fun and you should be proud in the end. Parents should be proud of the little ones and the grown up beginners should be proud of themselves. We will support our guests from their first turns until they reach a perfect skiing technique. And those who have not skied or snowboarded for a while will be back on track in no time. This way, everyone is perfectly prepared for wonderful skiing days in Kühtai.

EASY-PEASY

The little ones without skis will not miss out either. Lovingly and well cared for, there is a lot to experience.

LEARNING À LA CARTE

From carvers to snowboarders – the ski schools in Kühtai adjust their programs precisely to the wishes and needs of their guests.

SKI SCHOOLS IN KÜHTAI

The top trained ski school teams in Kühtai – Sellraintal provide a great course program for the right moves on the slopes:

- ► 1. Schi- und Snowboardschule Kühtai
- ► Follow me Ski- & Alpine school (page 66-67 and 77)
- ► Gerber Sports Skischule
- ► Skischule Top 2000 Kühtai



snowboarding lessons

OYS OF WINTER

OFF THE SLOPES

LOTS OF WINTER FUN IN KÜHTAI AND SELLRAINTAL

A number of winter sports activities are possible in addition to skiing and snowboarding: from cross-country skiing and tobogganing, freeriding and ski touring, to winter hiking and snowshoeing – all these experiences have one thing in common: They provide beautiful memories and time out that invigorates the body and soul.

ADVENTUROUS WINTER DAYS

CROSS-COUNTRY SKIING, TOBAGGANING, FREERIDING, SKI TOURING, WINTER AND SNOWSHOE HIKING

CROSS-COUNTRY SKIING IN UNTOUCHED NATURE

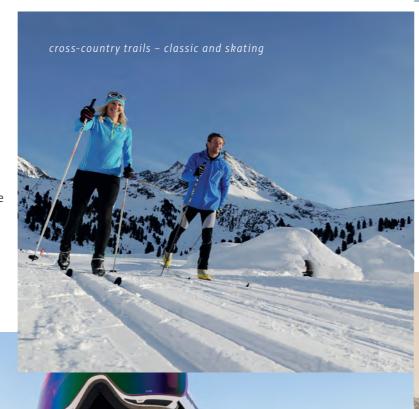
Perfectly prepared cross-country trails (classic & skating) are waiting to be conquered in Kühtai and Sellraintal, in the middle of the dreamlike Tyrolean mountain landscape. This is the perfect place to unwind.

INTO THE VALLEY BY TOBOGGAN

Whether relaxed or fast. A hearty toboggan ride is a fun change to a sporty day of skiing.

► TIP: After a 40-minute ascent (separate track up) to the Graf Ferdinand Haus, the new and highest floodlit toboggan run in Tyrol offers pure pleasure at 1,300 metres long with 14 bends.

tobogganing fun with the whole family





Untouched places can be conquered not only in summer. Snowshoes allow you to reach unimagined destinations via paths and slopes covered in deep snow. Equipment and information on the snow and avalanche situation is available from the ski schools.

WINTER HIKING

Walks or short hiking tours through the magical winter landscape will lead you to contemplative places and wonderful vantage points.

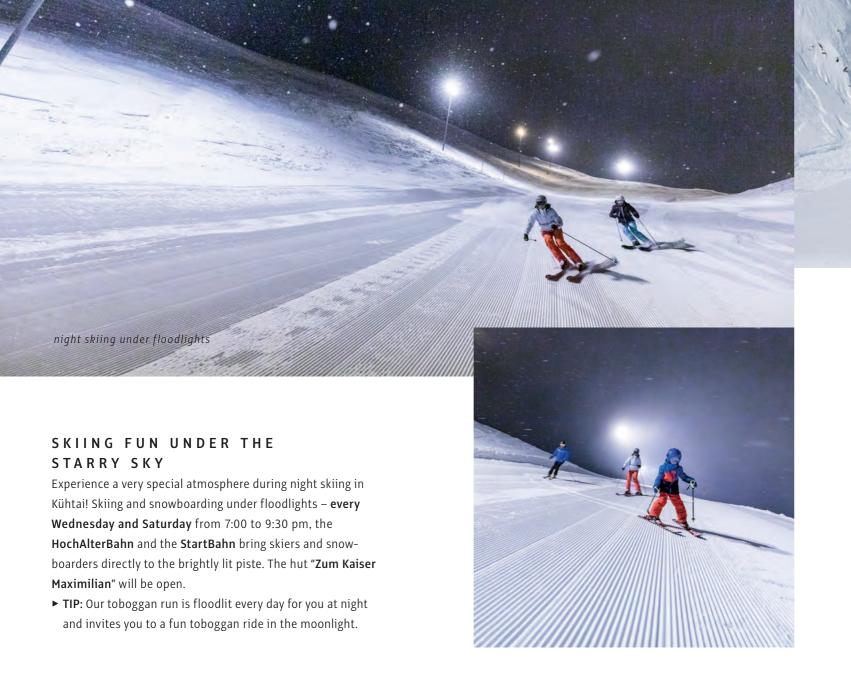


snowshoeing is fun





winter hiking



FREERIDE PARADISE

varied powder runs

The whole resort is located in Kühtai above the tree line, and is also ideal for riding off-piste. Just remember that 'Riding with Care' is extremely important. 400 hectares are perfect for riding the snow.

- ► 400 hectares of freeride terrain
- ▶ varied powder runs from 2,520 m to 2,020 m
- ► LVS checkpoint at the KaiserBahn mountain station and at the Dortmund hut
- ► Freeriding to the hotel door

SKI TOURS AROUND KÜHTAI

Maximum guaranteed snow as well as a good tourist infrastructure make Kühtai and Sellraintal one of the most popular ski touring destinations for guests and locals.

Attention: When freeriding and ski touring, you move away from secured ski slopes and therefore at your own responsibility. Always consider the avalanche report and the weather forecast.

EXAMPLES OF BREATHTAKING SKI TOURS:

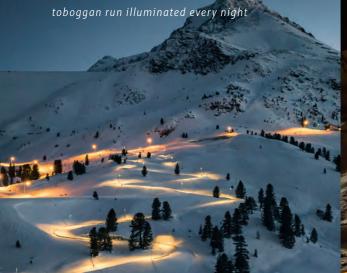
RIETZER GRIESSKOGEL (2.879 M)

Popular ski touring classic in the Sellrain with free ski slopes in moderately steep terrain.

SCHAFZOLL (2.394 M) AND VORDE-RE KARLESSPITZE (2.569 M)

Two interesting, short, but extremely challenging ski tours.

WETTERKREUZKOGEL (2.591 M) Popular and scenic ski tour.







CABINS AND RESTAURANTS

FROM THE RUSTIC HUT TO THE SUNNY HOTEL TERRACE

WHEN IT COMES TO FOOD AND DRINK, YOU ARE SPOILT FOR CHOICE IN KÜHTAI

Whether it's hotels, restaurants or ski huts – everything is right in the middle of the ski area in Kühtai. So everyone is guaranteed to find the right thing to suit their taste: the choice ranges from traditional Austrian cuisine and rustic huts to international specialities and hotel restaurants with star rated comfort.



DREISEEN-HÜTTE Situated directly at the DreiSeenBahn stunning panoramic view.



☆+**C**

*****+



DORTMUNDER HÜTTE

☆+**C** Traditional Alpine Club refuge on the western edge of Kühtai. It has been a popular meeting place for winter sports lovers and nature lovers for many years.



KAISER-MAX-HÜTTE

The mountain cottage by the HochAlterBahn, Schwarzmooslift and KaiserBahn. Also open in the evening for night skiing.



GRAF FERDINAND HAUS

The meeting place by the Alpenrosenlift for skiers, snowboarders, bobsleigh riders and hikers.



KÜHTAIER DORFSTADL Après-ski fun and Tyrolean hospitality enjoyment, music and entertainment.





KÜHTAIER ALM 🌣 + €

ALPENROSE 🛱



KÜHTAIER SCHLÖSSL / LEO`S RESTAURANT

EDELWEISS + APRÈS SKI BAR "ZEITLOS"

KONRADIN + ALTE STUBE 🛱 + 📞



SCHÖNE AUSSICHT 🛱 + 📞









ALPENHOTEL SEILER 🛱

SONNE & SCHNEE

SPORTHAUS SPORT SEPPL CAFÉ/BISTRO

IGLU-DORF KÜHTAI 🛱 + 📞

KÜHTAI-SHOP

LOISL'S SCHIRMBAR 🛱







SPORTHOTEL / BAR 2020

TYROL + FIASCO + EISHEISL 🛱 + 📞

VAYA KÜHTAI 🛱 + 📞

LEGEND: DAYTIME RESTAURANT | EVENING RESTAURANT | B SHOP

Subject to Changes

A SUSTAINABLE RESORT

THANKS TO MANY INITIATIVES,
KÜHTAI KEEPS ITS ECOLOGICAL
FOOTPRINT AS SMALL AS POSSIBLE

purest air at 2,020 m

SUSTAINABLE HEAT THROUGH BIOMASS

The district heating plant uses exclusively local biomass from a radius of 50 kilometers and thus replaces a fuel oil quantity of about 1,000,000 liters per year. The heat obtained is distributed to 90 % of all companies in Kühtai via a 3.5 km long pipe network in year-round operation. This continues to guarantee the high air quality of the training location Kühtai.

More information on the district heating plant at www.biowaerme-kuehtai.at



HIGHEST CHARGING STATION IN TYROL

The charging station, which was built in cooperation with the utility company TIWAG, supplies electric vehicles with 11 kilowatts per hour at 4 charging stations at 2,020 m above sea level in the middle of the village.

In addition, many of the accommodations in Kühtai also offer their house guests their own charging station.

BIODEGRADABLE FUEL

The Kühtaier snow cats drive with synthetic, biological biodegradable fuel derived from natural gas and has a positive effect on air quality.

CLEAN ELECTRICITY DIRECTLY FROM KÜHTAI

The nearby Sellrain-Silz hydroelectric power station supplies the winter sports resort of Kühtai with 100 % clean electricity and produces a total of around 13 % of Tyrol's electricity demand. For the entire local power requirement of the highest ski resort in Austria with all accommodations and railways only a small proportion, about half a percent, is needed.









BERGBAHNEN KÜHTAI

Season start is on 29.11.24. Every ski pass is valid from 7.12.24 to 21.4.25 also in the Hochoetz ski region. Free Shuttle bus every 30 minutes.

DAY TICKETS	SEASON 21.12.24-21.4.25				EARLY SEASON 29.11.24-20.12.24					
PRICES IN €	ADULTS 1961-2004	SENIORS 1946-1960	YOUTHS 2005-2009	CHILDREN 2010-2016	ADULTS 1961-2004	SENIORS 1946-1960	YOUTHS 2005-2009	CHILDREN 2010-2016		
Morning ticket Kühtai (until 12:30 pm)	41.00	37.00	32.80	22.50	30.50	27.50	24.40	16.70		
1-DAY TICKET	55.00	49.50	44.00	30.20	41.00	37.00	32.80	22.50		
from 10:00 am	54.50	49.00	43.60	30.00	40.50	36.50	32.40	22.20		
from 10:30 am	54.00	48.50	43.20	29.70	40.00	36.00	32.00	22.00		
from 11:00 am	53.50	48.00	42.80	29.40	39.50	35.50	31.60	21.70		
from 11:30 am	52.50	47.00	42.00	28.80	39.00	35.00	31.20	21.40		
from 12:00 pm	51.00	46.00	40.80	28.00	38.00	34.00	30.40	20.90		
from 12:30 pm	47.00	42.00	37.60	25.80	35.00	31.50	28.00	19.20		
from 13:00 pm	44.50	40.00	35.60	24.40	33.00	29.50	26.40	18.10		
from 13:30 pm	39.00	35.00	31.20	21.40	29.00	26.00	23.20	15.90		
from 14:00 pm	35.50	32.00	28.40	19.50	26.60	24.00	21.30	14.60		
2-DAY TICKET	108.00	97.00	86.00	59.00	81.00	73.00	64.50	44.50		
3-DAY TICKET	161.00	145.00	128.50	88.50	120.50	108.50	96.00	66.00		
4-DAY TICKET	209.00	188.00	167.00	114.50	156.50	140.50	125.00	86.00		
5-DAY TICKET	253.00	227.00	202.00	139.00	189.50	170.50	151.50	104.00		
6-DAY TICKET	293.00	263.00	234.00	161.00	219.50	197.50	175.50	120.50		
7-DAY TICKET	331.00	298.00	264.50	182.00	248.00	223.00	198.00	136.00		
8-DAY TICKET	370.00	333.00	296.00	203.50	277.50	249.50	222.00	152.50		
9-DAY TICKET	401.00	361.00	320.50	220.50	300.50	270.50	240.00	165.00		
10-DAY TICKET	434.00	390.00	347.00	238.50	325.50	293.00	260.00	179.00		
11-DAY TICKET	466.00	419.00	372.50	256.00	349.50	314.00	279.50	192.00		
12-DAY TICKET	497.00	447.00	397.50	273.00	372.50	335.00	298.00	204.50		
13-DAY TICKET	523.00	470.00	418.00	287.50	392.00	352.50	313.50	215.50		
14-DAY TICKET	546.00	491.00	436.50	300.00	409.50	368.50	327.50	225.00		

IMPORTANT INFORMATION

- ► All KühCards are hands free (€ 2.00 deposit*).
- ► Children born in 2017 and younger receive a KidsKühCard free of charge (€ 2.00 deposit*) when purchasing an adult ticket.
- ► Night skiing is included when you buy a ski ticket for 6 days or more!
- ► 15- to 20-day tickets available at www.lifte.at

Ski tickets are available from the ticket offices DreiSeenBahn, HochAlterBahn StartBahn and GaisKogelBahn, and at the ticket machines at the DreiSeenBahn, HochAlterBahn and GaisKogelBahn. **KidsKühCards** only at the ticket offices. All **discounts** only with valid ID!

* If you return the KühCards undamaged to the return machines on the HochAlterBahn, Drei-SeenBahn and GaisKogelBahn, at the ticket offices, at the Kühtai tourist information office, in restaurants, hotels or shops in Kühtai or at the lift ticket offices in Oetz/Ochsengarten, you will receive the deposit back.

Our general terms and conditions apply, see www.lifte.at and postings at the cash desks. Changes to tariffs, operating hours and bus times as well as printing and typographical errors and other errors excepted. Bergbahnen Kühtai, Tel. +43 5239 / 52 29, www.lifte.at

ANNUAL TICKETS KÜHTAI-HOCHOETZ

PRICES IN €							
ADULTS 1961-2004	SENIORS 1946-1960	YOUTHS 2005-2009	CHILDREN 20010-2016				
658.00	592.00	526.00	361.00				

60-POINTS TICKET KÜHTAI

PRICI	ES IN €
ADULTS	CHILDREN 2010-2016
66.00	33.00

NIGHT SKIING

- ► Every Wednesday and Saturday from 7:00 to 9:30 pm
- ► The HochAlter 4-seater-chairlift (with weather-protective covers) takes you directly to the brightly lit run. "Zum Kaiser Maximilian" cabin open.
- ► Free with all annual tickets (except for TirolSnowCard) valid in Kühtai. **StartBahn** free. Tickets for night skiing are available at the HochAlterBahn lift ticket office.

	PRICE	S IN €	
ADULTS 1961-2004	SENIORS 1946-1960	YOUTHS 2005-2009	CHILDREN 2010-2016
20.00	17.00	15.00	10.00

SKI PASS ANALYSIS

► Your personal altitude diagram at www.skiline.cc/ticket/kuehtai

BUY SKITICKETS ONLINE

► More information see page 36 or at www.kuehtai.info/onlineticket



Track length

10,884 m

ticket office € ticket machine T return machine R

CABLE CARS/LIFTS

KaiserBahn, 8-seater-gondola-ropeway	1,633 m	
🏿 GaisKogelBahn, 6-seater chairlift*	1.037 m	€TR
🟿 DreiSeenBahn, 4-seater chairlift*	1,994 m	€TR
🛍 HochAlterBahn, 4-seater chairlift*	1,770 m	€TR
MoheMutBahn, 4-seater chairlift*	1,246 m	
🟿 WiesBergBahn, 4-seater chairlift	601 m	
🖫 StartBahn, 2-seater chairlift	189 m	€
Schwarzmooslift Schwarzmooslift	940 m	
Alpenrosenlift	886 m	
Sonnenlift Sonnenlift	315 m	
🗓 KühTeppich, covered conveyor belt	204 m	
🗓 WunderTeppich magic Carpet	69 m	

9.25 KM	easy runs
26.77 km	moderately difficult runs
8.08 km	difficult runs
3.16 km	Freestyle
1.35 km	Ski routes

48.61 km total runs. Runway area total 113.6 hectares, of which 91.7 hectares are covered with artificial snow, about 80.72 % of total runway area! 3 km illuminated runs.







THE GUEST CARD FOR UNLIMITED WINTER FUN

A varied, guided activity programme is yours for the taking every day with a stay of just two nights or more at one of our partner establishments: professional guides accompany you on panoramic routes in hiking boots or snowshoes as well as on cross-country skis. The free use of public transport, including ski buses, is of course a must. In addition, there are numerous discounts for other winter sports activities, family attractions, swimming pools and, last but not least, the wonderful urban culture on offer.

For some activities, registration has to be done the day before. Exact dates and contents are available at the accommodation, the tourist information or at

www.innsbruck.info/en/destinations/accommodation/ welcome-card.html

ONE SKI PASS FOR DOUBLE THE SUN AND DOUBLE THE FUN

When guests purchase a day ski pass, they can enjoy two ski resorts – Kühtai and Hochoetz – and therefore twice the snow experience. As every ski pass, even starting from the day pass, is valid throughout the Kühtai-Hochoetz ski region from 7.12.24 to 21.4.25.

Whether you are a beginner, a professional, a family or a freestyler – everyone will definitely get their money's worth in the Kühtai-Hochoetz ski region. A total of 90 kilometres of slopes with 27 lifts and cable cars ensure this.

More information at

www.kuehtai.info/en/kuehtai-hochoetz-skipass



FREE SHUTTLE BUS

► Every 30 minutes





SKI PLUS CITY PASS STUBAI INNSBRUCK

The innovative SKI plus CITY Pass connects Kühtai and 11 other skiing resorts with 22 cultural and sightseeing attractions in and around Innsbruck. For the first time we offer ultimate fun on the slopes and a vibrant city experience with one ticket!

37

- ► Kühtai and other 11 skiing regions in the greater innsbruck area
- ► 22 adventure offers lifestyle / culture / sightseeing in Innsbruck
- ► 1 indoor pool
- ► Use of all existing ski bus systems and the Sightseer Innsbruck (Hop-on-Hop-off)
- ► Children born in 2017 or later travel free when accompanied by a paying parent

More information about the SKI plus CITY Pass at www.ski-plus-city.com/en



ARRIVAL BY CAR, TRAIN OR PLANE

Hop on and arrive – Kühtai is the quickest area to reach outside Innsbruck. Only 30 kilometres from Tyrol's state capital, you arrive in the shortest possible time to the pleasures of the snow, either from the airport, the main train station or by taxi, with a bus or a hotel shuttle – or, of course, with your own car via the motorway or on toll-free national roads.

Guests arriving by train and traveling from the Innsbruck train station to Kühtai can use the public bus connections or the ski bus to Kühtai free of charge.

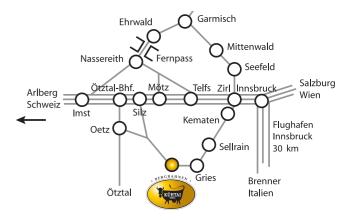
For holders of the Welcome Card public transport in the entire Innsbruck region is included. So nothing stands in the way of the next trip.

Wherever guests are staying in Kühtai – the ski slopes are always on their doorstep! So your car can take a holiday too!

KÜHTAI HIGH ALPINE ROAD – THE MOST BEAUTIFUL ROUTE IN THE WINTER

Even the drive over the Kühtai High Alpine Road is a special experience. You can get from Innsbruck to Kühtai via Kematen in just 30 minutes, and into the Sellraintal valley through the mountaineering villages of Sellrain, Gries and St. Sigmund. Or you can get from Oetz into the Ötztal valley through the wild and romantic Nedertal valley.

All the information on how to get here at www.kuehtai.info/en/arrival





39

SMART SKIING PLEASURE

A unique location, varied sporting activities and also great for families. Use the affordable SKI-FREE package in December, where the participating hotel proprietors in Kühtai will provide you with a free ski pass.



29.11.-20.12.24

29.11.-20.12.24 A PERFECT START TO THE WINTER SEASON

During the SKI-FREE weeks in Kühtai, the ski pass for the entire stay (from 3 nights) is already included in the price of the overnight stay. The accommodations thus enable you to have a perfect and particularly favourable winter start.

Participating accommodations are marked with the SKI-FREE symbol in this magazine and online at **www.kuehtai.info**.

- ► Enjoy free slopes and amazing snow conditions
- ► Cosy bars, restaurants and ski huts
- ► Valid for adults and children
- ► Valid from 3 nights and per night
- ► Ski pass from 7.12.24 also valid in the Hochoetz ski resort

► The following companies offer the SKI-FREE-Weeks in **Kühtai**:

page HOTELS*** SUPERIOR

42 Hotel Mooshaus

HOTELS***

- 42 Hotel Alpenrose
- 44 Hotel Konradin Hotel Kühtaier Schlössl
- 42 Sporthotel Kühtai
- 46 Hotel Tyrol Hotel Garni Kristall
- 48 VAYA Kühtai

HOTELS*** SUPERIOR

49 Hotel Lisl

HOTELS***

50 AlpenHotel Seiler

page HOTELS

- 52 Hotel Jagdschloss
- 52 Kühtaier Hof
- 54 Hotel Edelweiss

 MY AVA All in Family Hotel

INNS***

Gasthof Schöne Aussicht

INNS

56 Gasthof Sonne & Schnee

A P A R T E M E N T -H O U S E S * * * *

- 52 3-Seenhaus
- 58 AlpinLodges
- 59 Dorfstadls Landhaus

page APARTEMENT-HOUSES

Kühtaier Alm

- 61 Appartements Kühtai
- 60 Appartements Panorama

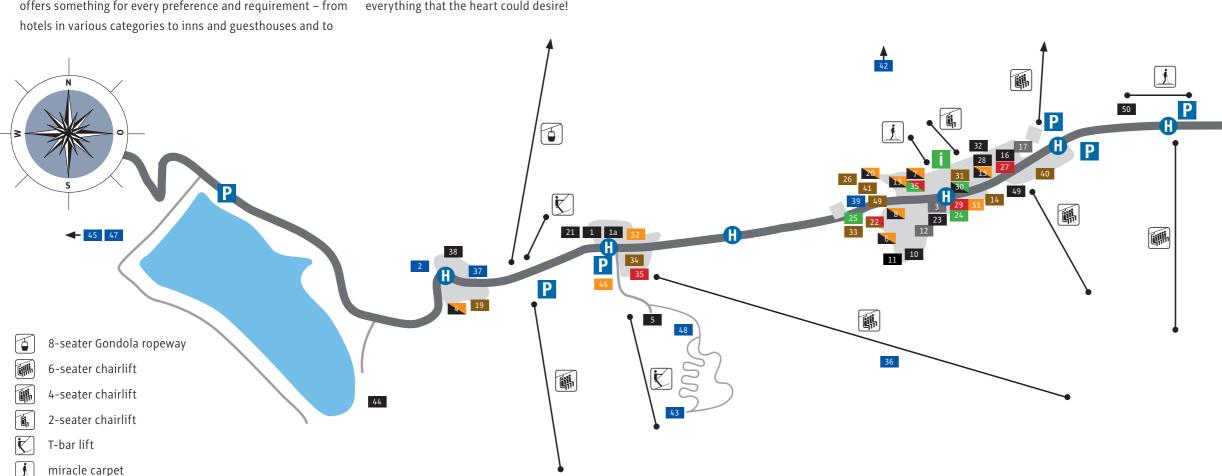


ALL STARS, ALL CATEGORIES, ALL IMPORTANT ADDRESSES

One thing in particular is absolutely essential for a truly recreational holiday: suitable holiday accommodations. Kühtai offers something for every preference and requirement – from

and a perfect infrastructure are also provided. Kühtai offers everything that the heart could desire!

comfortable holiday apartments. All the necessary amenities



No. on map page No. on map No. on map page Hotels**** Superior Ski huts Boarding houses, inns 36 Gasthof Sonne & Schnee 42 DreiSeen-Hütte 42 Hotel Mooshaus 12 Pension Enzian Kühtaier Dorfstadl Hotels**** **Graf Ferdinand Haus** Zum Kaiser Maximilian Apartment houses**** Hotel Alpenrose 52 3-Seenhaus 13 Hotel Konradin 26 58 AlpinLodges Bar / Discos / Restaurants Hotel Kühtaier Schlössl 41 20 Dorfstadls Landhaus 64 Alte Stube Sporthotel Kühtai 42 Hotel Tyrol 8 Bar 2020 38 Pizzeria Castello Hotel Garni Kristall Apartment houses 11 Da Bruno – Pizzeria VAYA Kühtai 42 Alpenchalets Obholzer Eisheisl Alpina Ferienwohnungen Hotels*** Superior Fiasco 40 Kühtaier Alm das Gerbers Hotel Lisl 28 Appartements Kühtai Leo's Restaurant 22 Appartements Panorama Loisl's Schirmbar Hotels*** 49 Kühtai Alpensuites 16 Schlossbar AlpenHotel Seiler 14 Ferienhaus Wiesberghäusl Sporthaus Sport Seppl Café/ Hotels Bistro Huts Hotel Edelweiss Zeitlos Dortmunder Hütte 52 Hotel Jagdschloss (Alpenvereinshütte) 1a Kühtaier Hof Ski schools 45 Issalm MY AVA - All in Family Hotel 10 1. Schischule Kühtai 47 Mittergrathütten Alpinschule Follow me Zirbelhütte Boarding houses, inns*** Follow me Iglu-Dorf Kühtai Gasthof Schöne Aussicht Gerber Sports Iglu-Dorf Innsbruck Kühtai Top 2000 Shops

)	Sport Seppl

Kühtai Shop Staudacher Intersport Heidegger

Die Reihung der Betriebe stellt keine Rangordnung dar.

Gerber Sports

	Others	
52	Doctor	23
	Fire Brigade	23
	Catholic Church	49
	Kühtai Power Plant	44
52	Tourist Office	30
	Ticket Office	30
	Kühtai-Center	30
	Jagdschloss Chapel	21
	Children's Playground of 1. Schischule Kühtai	32
	Children's skiland of the ski school Follow me	50

You can find all accomodations in Kühtai at www.kuehtai.info/en

GERBERHOTELS

Endless GERBER MOMENTS exPERIENCE

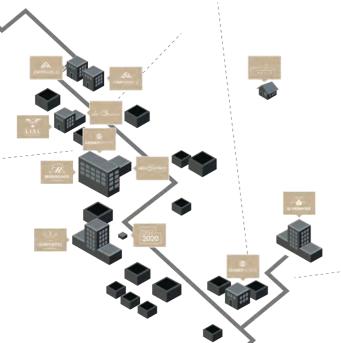
Gerber Hotels Familiy Gerber 6183 Kühtai Tel. +43 5239 / 52 07, Fax +43 5239 / 52 07-999

info@gerberhotels.com, www.gerberhotels.com





ALPINE EXPERIENCES ON +2,000 METERS



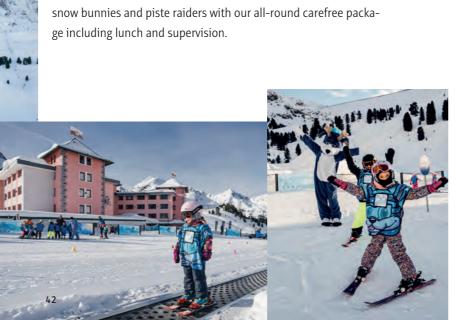
With the versatile offer of the GERBER HOTELS you will experience your winter vacation in Kühtai with unique highlights and exclusive GERBER MOMENTS - as a couple, with friends or the whole family.

From the 4*S Winterresort Mooshaus with the highest ski pool in the Alps to the casual 3*S alpine comfort Hotel Lisl, you will find exactly what you are looking for in a perfect winter holiday. At all four hotels in the group, ski fans can start their endless winter days with guaranteed snow right on the doorstep. Away from the piste, you can look forward to the ideal mix of action and relaxation: cosy fondue evenings, exciting wine tours and the best beats from our Bar2020 meet relaxing moments in the wellness oases of our hotels. On top of that, let our chefs whisk you away into the world of culinary delights for endless feasting and discover our unique variety - pure enjoymentLIFE!

NEW since season 2023/24:

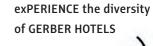
LIFE for children in GERBYLAND!

Directly in front of the Alpenrose, our play paradise awaits little





in.



SHE HER



H O T E L



Your slopeside skiing and wellbeing hotel

Hotel Konradin, Family Schlögl 6183 Kühtai 39 Tel. +43 5239 / 52 20, Fax +43 5239 / 52 93 hotel@konradin.at. www.konradin.at

WELCOME!

SLOPESIDE 4-STAR COMFORT IN THE CENTER OF KÜHTAI

Spend a relaxing unforgettable winter holiday in Kühtai at 2,020 m. Unwind in a pleasant atmosphere and let us pamper you. The KONRADIN sport and wellness hotel in Kühtai welcomes you.

Our rooms and suites are bright, spacious and inviting with a modern, studied interior design. For our guests, we created enticing accommodations out of natural materials like Tyrolean wood and loden cloth with a great deal of flair. This wonderful holiday experience is something to look forward to. You will forget the flow of time while admiring the stunning panoramic view and savoring culinary delicacies in the morning, evening and in between.

- ► Panoramic dining room: enjoy culinary and regional delights from our excellent kitchen.
- ► Bar at daylight & sun terrace: Enjoy a good time inside or outside. During the day we serve you coffee and cake, delicious cocktails, a good glass of wine and fine à la carte delicacies.







slopeside 4-star hotel

► "Alte Stube": à-la-carte restaurant and bar at the Konradin. Fondue evening, spare ribs, steaks and more.

A fine wine from our wine cellar will enrich your culinary experience. Whether indoors or outdoors, you will feel right at home from the very first moment.

WONDERFUL RELAXATION

Our wellness complex consists of a 15 m indoor pool, a vitality area with Finnish sauna, organic sauna, steam bath, sunbathing lawn, solarium, energising showers, a chill-out room with loungers and a tea bar with beneficial tea varieties and a gym. In our wellness and beauty oasis, we offer skincare and beauty treatments, as well as baths, hot stone and classic massages and other treatments so that you can relax and recharge your batteries during your holiday in Tyrol. You can book our massage, beauty, hairdresser and pedicure offers separately.







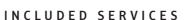
Hotel Tyrol The Härting Family, 6183 Kühtai 31 Tel. +43 5239 / 52 08, Fax +43 5239 / 52 28 88 info@hotel-tyrol-kuehtai.at, www.hotel-tyrol-kuehtai.at



HAPPINESS AT 2020 M

WISHLESSLY HAPPY...

Immerse yourself in a world of carefree moments of happiness in our 4-star Hotel Tyrol, majestically situated at 2020 metres above reality. We have been closely linked to the development of Kühtai since 1957 - the Härting family laid the foundation stone for our family hotel back then and it is now being run by the third generation. At the Tyrol, we still welcome our guests in person, as it is matter close to our hearts, knowing that our guests enjoy their stay with us to the fullest. We believe that it is precisely this appreciation and humanity that our guests look for and find here.









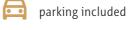






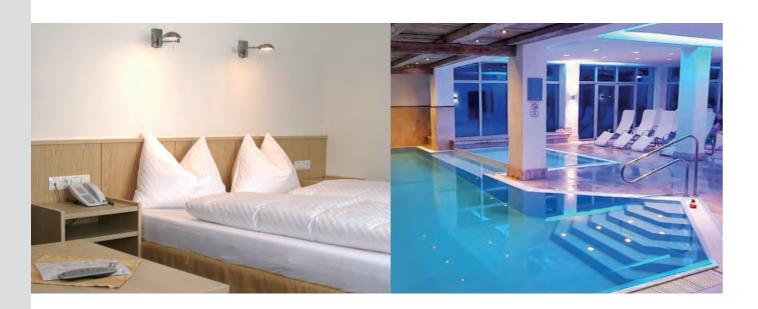
4-course dinner





toiletries

We speak German, English, Swedish and Italian. Our rooms are all equipped with bath|toilet or shower|toilet, some with balcony, TV, telephone and safe. A hygiene pack, bathrobes for adults and slippers are provided in every room.





RELAXATION & ENJOYMENT

An experience for all the senses awaits you. With our halfboard option you can enjoy first-class culinary delights in our panorama restaurant every day. In addition, you can treat yourself to Tyrolean specialities in our ski hut "Eisheisl" or in our hotel bar "Fiasco".

After a sporty day, a wellness area with indoor pool, Finnish sauna, steam bath, tepidarium and infrared cabin awaits you. Relax in our comfortable rooms with a breathtaking Alpine panorama and enjoy the luxury of direct access from your bed to the ski slope - thanks to our ideal location on the DreiSeen







VAYA Kühtai 6183 Kühtai 33 Tel. +43 50 / 12 56 27 rez.vkt@vayaresorts.com, vayaresorts.com



YOUR HOLIDAY IN KÜHTAI DIRECTLY ON THE SLOPES

"GET THE VIBES."

is the motto in currently more than 25 hotels in the most popular mountain sports destinations in the heart of the Austrian Alps. They all have not only their outstanding location location, but also the unmistakable VAYA design, that characterises the style of the exclusive chalets, noble penthouses, chic flats and individual rooms and suites.

Genuine, authentic, honest - the VAYA Kühtai offers its peace-seeking guests the perfect hideaway. During the winter months, the guaranteed snow and the impressive Alpine panorama attract guests to the Tyrolean Alps. Active holidaymakers can let off steam with skiing, snowboarding, snowshoeing, winter hiking and tobogganing. Winter holidays here are at the highest level: From the ski depot, the path leads directly to the piste; the ski pass can be purchased at the hotel. Surrounded by views of the unique panorama of the Alps, guests can enjoy the gentle warmth of the textile sauna in the VAYA Kühtai's wellness area or do a few laps in the indoor pool.

The offer includes a salt grotto,

a Finnish sauna, bio sauna and a steam bath.

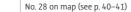
The VAYA Kühtai awaits its guests with many highlights:

- ► Ski-In/Ski-Out direct access from the ski depot to the slopes
- ► Panorama terraces directly on the slopes
- ▶ 88 modern suites and rooms in the VAYA design
- ► Half board with extensive breakfast and multi-course evening menu
- ► Spacious wellness area with first-class panoramic views: Indoor pool, various

Further information about VAYA can be found on our website

vayaresorts.com







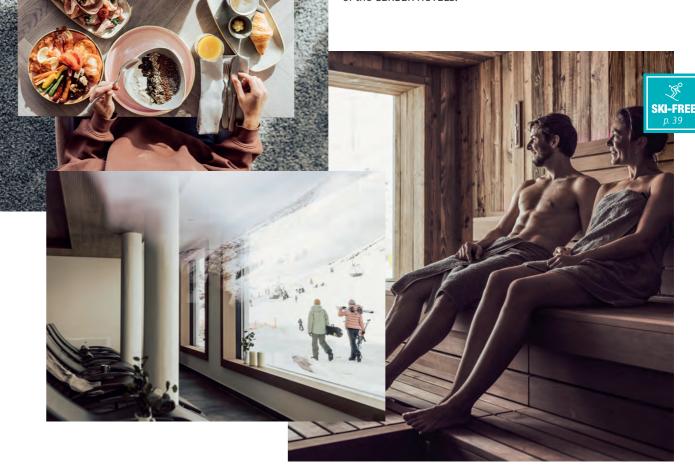
Hotel Lisl 6183 Kühtai 43 Tel. +43 5239 / 21 690, Fax +43 5239 / 52 07 999 hotel@lisl.at, www.lisl.at



LIVING CASUALLY AT THE LISL

Book your next ski vacation at the casual 3-star Superior Alpine Comfort Hotel Lisl right on the slopes and EXPERIENCE a casual stay with lots of style and charm and everything a skier's heart desires. With a view of the snow-covered mountains, your day starts with our gourmet breakfast, using only local products, and ends just as panoramic when relaxing and enjoying the wellness area with panoramic window.

With your holiday at the Lisl, the youngest member of the GERBER HOTELS, you will receive our GERBER CARD upon arrival and thus access to exclusive advantages and highlights only for the guests of the GERBER HOTELS.





AlpenHotel Seiler *** Family Silvia and Philip Haslwanter 6183 Kühtai 44 Tel. +43 5239 / 54 32 hotel@seiler.at, www.seiler.at



AWARDED WITH THE ENVIRONMENTAL SEAL OF QUALITY

A warm welcome to the AlpenHotel Seiler, your splendid small hotel in Kühtai – with a central but quiet location. The Alpine hotel, which has been awarded the State of Tyrol's Environmental Seal, is personally run by the Haslwanter-Seiler family owners with a loving attention to detail.

Most of the rooms and flats have a sunny balcony, modern bathroom with shower/WC, hairdryer, bathrobe, telephone, room safe, flat-screen cable TV and free high-speed WLAN. Even more comfort is provided by the panoramic lift on the east side of the house, which takes you quickly and silently from the ski room to the top floor with a magnificent view of the Kühtai mountains.

You can also enjoy a holiday in Seiler's AlpenFerienWohnungen holiday apartments in the hotel itself for 2 to 8 guests. Arranged in tasteful, contemporary design, the apartments feature all of the advantages of our hotel comforts. Our holiday apartments are fully furnished with natural beds, modern, light solid wood furniture, room safe, flat screen cable TV, bathroom with tub, bidet, hair dryer, cosmetic mirror, separate toilet, kitchen block with dishes, stove, microwave, refrigerator, etc.



- of course also with free high speed WiFi. You can choose for yourself if you want to stay without catering or enjoy our breakfast buffet or our delicious half board. Enjoy wonderful food and drinks in our comfortable dining rooms where you can feel at home in our hotel's relaxed atmosphere. Pool, table tennis and Wii™ as well as reading, chess and games areas provide a diversion after skiing.

You will start your day with a delicious breakfast buffet with a great variety of food. In the evenings, we pamper our halfboard guests with a delicious and varied four-course menu. Our popular kitchen buffet takes place every week. During the day we're pleased to welcome you - also as a day guest - to our à la carte restaurant with cosy pine dining areas, tiled stove and sun terrace. Come and enjoy Tyrolean home cooking as well as dishes for small and large appetites. Our delicious homemade pastries as well as our popular strudel, pies and cake will make every day of your holiday even sweeter. In the morning you can experience the comfort of prewarmed ski and snowboard boots and go straight from the ski room onto the ski run. HochAlterBahn – illuminated ski run for night skiing, **StartBahn** – with magic carpet on the practice slope, and the WiesBergBahn start directly outside our hotel.



The ski school meeting point and the children's play area are also situated behind our AlpenHotel Seiler.

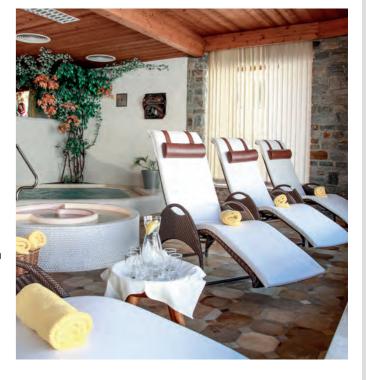
You can return to the hotel from all the ski runs - and enjoy a perfect Ski-In-Ski-Out-Experience.

Your car is quite secure in our free hotel car park outside the hotel. Kühtai's only grocery and chemist is situated on the ground floor. The ticket offices for the lifts, sports shops/ ski hire, ski schools and the guests' kindergarten are in the immediate vicinity. After skiing, relax in our Tyrolean bathing room, with a clear view of the mountains, comfortable loungers, hot whirlpool, steam bath, solarium, sauna, Kneipp treading basin – and reinvigorate yourself in the fresh air room with direct access to the snow outside. Feel perfectly at home in the Kühtai winter sports paradise at 2,020 m - AlpenHotel Seiler stands for a perfectly enjoyable holiday with a relaxed atmosphere.

We will be happy to prepare an individual and attractive offer for you and look forward to welcoming you soon.

Visit us also at

www.seiler.at



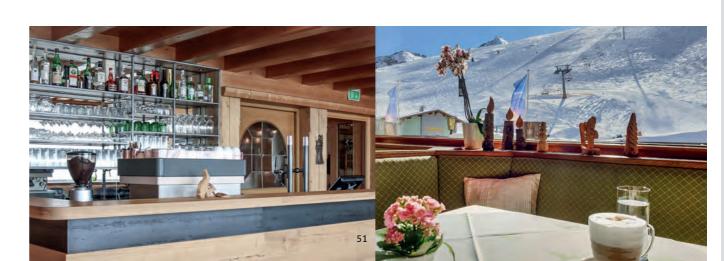
Partner of the attractive SKI-FREE-WEEKS!











KÜHTAI TOURIST INFORMATION

6183 Kühtai 42 Tel. +43 512 / 53 56 61 83 kuehtai@innsbruck.info, www.kuehtai.info Your holiday in Kühtai should be a beautiful and unforgettable experience. That is why our tourism office is there for you. Please simply turn to us for all questions concerning your stay in Kühtai: before, during and after your trip! We look forward to seeing you!

Opening hours in winter daily from 8:30 am to 1:00 pm and 1:30 pm to 4:30 pm.



KUEHTAI.INFO FILLS YOU IN

THE BEST VIEWS OF KÜHTAI – EVEN AT HOME

Which lifts and cable cars are open? On kuehtai.info, you will find the latest information on cable cars/lifts, slopes, the live cams offer a wonderful view of the ski area, and with just a few clicks you can find out all the options for activities in Kühtai.

Livecams at www.kuehtai.info/livecams





OUR MOUNTAIN DOCTOR

Dr. Erik Austad
6183 Kühtai 31
Specialist for General Medicine, Emergency Doctor and Sports
Physician at the fire brigade hall
Tel./Fax +43 5239 / 52 19
praxis@dr-austad.at. www.dr-austad.at

Open daily from 10:00 am to 5:00 pm. 24 hour on-call duty.

We recommend that you take out a travel insurance



3 seen

kühtai hof jagdschloss resort

Jagdschloss Resort, 3-Seenhaus and Kühtaier-Hof Management: Vinzenz Triendl 6183 Kühtai 1 und 3 Tel. +43 5239 / 52 01

direktion@jagdschloss-resort.at, www.jagdschloss-resort.at



THE JAGDSCHLOSS KÜHTAI, THE 3-SEENHAUS & THE KÜHTAIER HOF



HOTELS

The Jagdschloss-Resort combines the 400-year-old Habsburg Jagdschloss in Kühtai with the modern 3-Seenhaus, a purely wooden building with an innovative design. Immerse yourself in the flair of the imperial and royal monarchy. Choose between the historic Fürstenzimmer or the new iconic Sissizimmer. Tradition meets inspiration, newly designed parlours, a princely breakfast buffet, delicious gourmet dinners, ending the evening in the unique Schlossbar and a modern sauna area ensure a royal holiday experience.

The **Kühtaier-Hof** opposite presents itself in Tyrolean style, full of cosiness and comfort.

The 4-star design flats in the **3-Seenhaus** impress with fragrant wood panelling and clever solutions. Most of the flats have a south-facing aspect, fireplace and/or loggia - perfect for relaxation and active holidays. The small but exquisite wellness area, the massage table and the marvellous relaxation room ensure pure relaxation. Located directly on the piste, the 3-Seenhaus is the ideal place for lovers of innovative architecture and design.

The **Pizzeria Castello**, in the 3-Seenhaus, is another culinary fixture in our resort.

Ski-in/ski-out to the Drei-Seen-Bahn and Kaiser-Bahn lifts provide easy access to the Kühtai ski slopes.

Prices, packages and further information at www.jagdschloss-resort.at







Hotel-Garni Edelweiss 6183 Kühtai 32 Tel. +43 5239 / 52 06, Fax +43 5239 / 52 06-29 info@edelweiss-kuehtai.at, www.edelweiss-kuehtai.at

THE HOTEL WITH HEART

AT KÜHTAI'S BEST LOCATION

The comfortable, cozy Hotel-Garni Edelweiss is located in the idyllic mountain village of Kühtai. A small, delightful vacation hotel with a warm-hearted family atmosphere in which you will feel at home from the very first moment.

ALL THIS AWAITS YOU AT HOTEL EDELWEISS

Snuggly rooms and apartments, all with shower/WC, hair dryer, telephone, room safe, satellite-TV, WiFi and some with balcony. Cosy recreation rooms in Tyrolean style, inviting daytime bar, sauna, sanarium, children's playroom, heated ski boot room and of course stupendous views from our wonderful sun terrace. A rich breakfast buffet with organic corner awaits you. Free parking in our newly built parking facility. Welcome and information evening, photos show, ski passes available in the hotel. Our hotel is located right on the ski slope next to the lift and the ski school is just 80 m away from the front door. We are really located at the most beautiful place in town.



APARTMENTS

Our apartments are fully furnished to the latest standards (microwave, dishwasher, free WiFi, laundry, bath towels, washing machine and dryer in the house, etc.). On request including breakfast (rich breakfast buffet), bread delivery and daily cleaning (for an additional charge) possible. Guests of our apartments will have full use of all facilities and amenities of our hotels free of charge: Sauna, solarium, children's playroom and parking garage.

EDELWEISS-SUPER-SAVING-WEEKS

7 days incl. BB incl. 6-day ski pass

STARTING FROM € 698.00 PER PERSON



PRICES 2024/2025	SAVING-WEEKS	LOW SEASON	HIGH SEASON
Prices in euro per person and per day incl. breakfast	29.11.24-21.12.24 11.1.25-25.1.25 15.3.25-29.3.25	4.1.25-11.1.25 25.1.25-1.3.25 8.3.25-15.3.25	21.12.24-4.1.25 1.3.25-8.3.25 29.3.25-22.4.25
Single room	84.00	94.00	106.00
Double room	78.00 bis 88.00	88.00 bis 98.00	98.00 bis 110.00
Hotel apartments	92.00	102.00	114.00
Child reduction: up to age 4 fr	ree, 4 – 10 years 50 %, 10 – 16	vears 30 % (in parent's roon	n!)





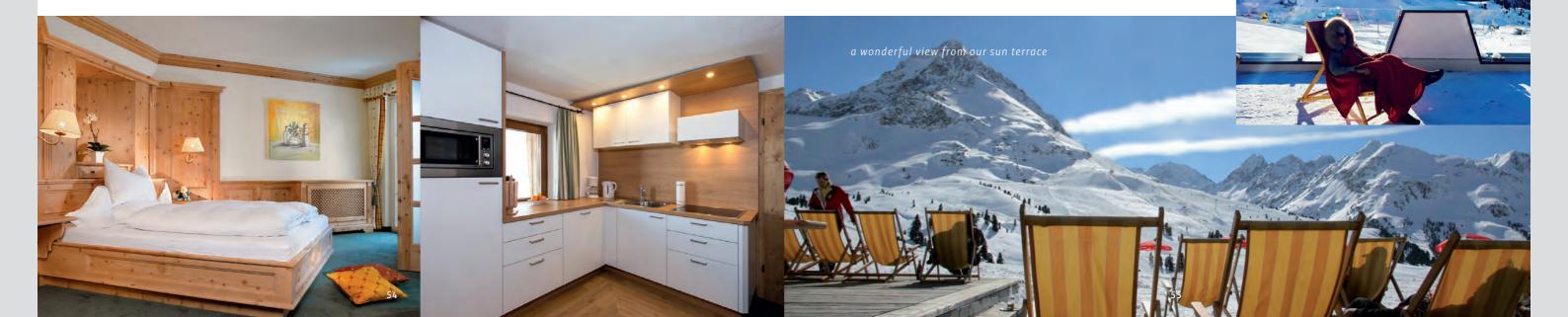


Apartments for 2 to 12 persons: 120.00 to 390.00 Euro*

APARTMENTS / WITH

ONE TO FOUR BEDROOMS

* The prices are per day and apartment incl. local tax and final cleaning (without board).





Apartments "Sonne & Schnee" in Kühtai Apartments as well as Bed & Breakfast The Simon Haslwanter Family, 6183 Kühtai 45 Tel. +43 5239 / 21 600, Fax +43 5239 / 21 611 anfrage@sonneundschnee.at, www.sonneundschnee.at



SKIING ENJOYMENT RIGHT AT YOUR FRONT DOOR

The alpine inn "Sonne & Schnee" ("Sun & Snow") with holiday apartments and rooms is located directly in the ski area at the 4-seater chairlift "Hochalter", the StartBahn and just across from the "Wiesberg" 4-seater chairlift.

Start your skiing day with our generous breakfast buffet, then buckle on your skis. Off you go onto the lifts, whisked in just a few minutes from 2,020 m up to 2,520 m, above the clouds. The Ski Arena Kühtai starts right at your front door, permitting you to plunge into skiing enjoyments without a drive or even a walk to the lifts – it can't be nearer. From every ski run, you arrive back at the front door of the inn.

Our hotel is a very special experience for the young ones in Kühtai. Many different things are on offer, from the ski school to the ski kindergarten to the magic carpet - all of it custom

designed for young families, and located right behind the Sonne & Schnee Inn – you never even have to cross the street.

Inside the inn is our own à la carte restaurant, a sun terrace stretches out directly in front of it with superb views over the slopes – ideal for a stopover at lunchtime. And after your sporting day draws to a close, unwind in our relaxation zone: sauna, steambath, cold room with natural snow and a quiet zone with deck chairs and views over Tyrol's grandest peaks.

Or how about some active games? For example billiards or complimentary Nintendo WiiTM Sport Resort? All the holiday apartments are completely equipped with kitchenette, fridge, microwave oven, SAT-TV, and a bathroom and a balcony will round out your comfort level. Choose according to your wishes whether you prefer your accommodation with breakfast or without meals.



Treat yourself to a holiday right in the middle of a ski area. Some ski resorts peak at 2,020 meters altitude – but we just get started there! Take a vacation from your car - take a vacation from everyday stress.

A warm welcome!

RIGHT AT THE SKI SCHOOL MEETING PLACE!

Inquiry & booking at www.sonneundschnee.at/buchen

Family Marianne and Simon Haslwanter with the team Sonne & Schnee look forward to welcoming you.





HOUSE

RTM



AlpinLodges Kühtai 6183 Kühtai 16 a Tel. +43 57181 / 5000 info@alpinlodges.com, www.alpinlodges.com





SKIING PLEASURE -EXLUSIVE AND RELAXED

YOUR BOX SEAT WITH A VIEW OF **BOUNDLESS BEAUTY**

One last turn in the glistening powder snow and you're standing right at the door of the AlpinLodges! Skiing for the whole family couldn't be more convenient. The exclusive premium apartments are located directly on the ski slope. In the midst of the fascinating Tyrolean mountains at 2,000 meters above sea level, the white splendor is assured. 41 kilometers of slopes in one of the most family-friendly ski areas in Tyrol are at your feet and make winter fun an unforgettable adventure.

LOTS OF PRIVACY IN A PLEASANTLY RELAXED AMBIENCE

Vacations can be this generous! Because whether you are traveling as a couple or in a group - our aparments offer plenty of space. A perfectly arranged alpine lifestyle with all the amenities of a 4-star resort. Including fully equipped kitchen and in some apartments also with sauna and fireplace.

Here you can make plans, put your feet up and recharge your batteries. And every morning we spoil you with our fresh bread service. Book your temporary home!

AMENITIES AND SERVICES

- ► Ski-in/Ski-out
- ► Free breakfast pastries daily
- ► Underground car park (free of charge)
- ► Shopping and concierge
- ► First-class furnished apartments measuring up to 160 m²
- ► Sauna and fireplace in some apartments
- ► Heated ski and boot rooms
- ► Check-in / check-out terminals
- ► Smart TV in apartment
- ► Free wi-fi throughout
- ▶ 10 % discount on ski hire

Visit our website for prices and specials www.alpinlodges.com





No. 41 on map (see p. 40-41)

Kühtaier Dorfstadl, Restaurant and Apartments**** Burkhard Haslwanter 6183 Kühtai 12 Tel. +43 5239 / 52 65. Fax +43 5239 / 52 65-66

kuehtai@dorfstadl.at. www.dorfstadl.at



KÜHTAIER DORFSTADL, RESTAURANT AND APARTMENT





YOU WANT DIRECT SLOPE ACCESS? THIS IS THE RIGHT PLACE FOR YOU

Our Tyrolean style country house with 8 spacious comfort apartments for 2 to 6 people is located in the middle of a fascinating mountain world, right next to the ski slope. After an eventful winter day, relax in our natural wood sauna and in the romantic steam bath.

COMFORT FEATURES IN ALL APARTMENTS

Cosy apartment units feature tiled stove, balcony or terrace, separate bedrooms, completely furnished kitchen with stove, oven, refrigerator, microwave, water boiler, toaster and coffee machine. Apartment units also feature fluffy bathrobes for large and small guests, hair dryer and beauty articles, wellness bag with sauna towels and bath slippers. We will gladly provide you with our free baby and toddler furnishings such as cot, changing mat, baby monitor, baby bath towel, bathrobe and high chair.

OUR LANDHAUS BONUS

- ► Offers with breakfast buffet or half-board
- ► Package offers with ski pass
- ► We will gladly present you with an individual holiday offer

COMFORTS ON REQUEST

- ► Fresh bread rolls delivered fresh from the baker
- ► NEW! Rich daily breakfast buffet in our Dorfstadl
- ► Half-board available at our Dorfstadl

ESPECIALLY FOR YOU AT DORFSTADLS LANDHAUS

- ► Free underground garage with passenger lift
- ► Free WiFi
- ► In-house sale of ski passes
- ► Heated ski and boot storage room
- ► Ski school, ski service and ski rental (discounts for our Landhaus guests) are right next door



Always up to date on our website www.dorfstadl.at

WINTER 2024/2025	SMALL APARTMENTS (50 m²) with one bedroom and one bathroom	LARGE APARTMENTS (60 TO 70 m²) with two bedrooms and one to two bathrooms		
Price*	from 1,610.00	from 2,380.00		
Final cleaning	50.00	80.00		

* Prices in euro are per apartment and week without final cleaning service and tax





Appartements Kühtai Family Wopfner 6183 Kühtai 42 Mobil +43 664 / 23 01 050 info@kuehtai.net, www.kuehtai.net



VACATION MADE SIMPLE. IT DOESN'T HAVE TO BE COMPLICATED.

BRIGHT APARTMENTS ON THE SLOPES ► Uncomplicated arrival and departure: self check-in, self check-out What really matters: easy living & skiing

- ► Fresh bread delivered daily from our local, traditional baker
- ► Grocery delivery service to your doorstep
- ► Essential starter set: dishwashing liquid, sponge, tea towels, rubbish bags, 5 rolls of toilet paper: we got you covered
- ► We have super cuddly towels and bed linen for you
- ► There is a washing machine & dryer for fair use without charge, for a quick wash of your favourite merino ski-undies or if something goes wrong
- ► We have free WiFi

HOUSE

Σ \mathbb{R}^{A} PAI

- ► Ski-in and out: Enjoy direct access to the slopes
- our appartements are right next to the lift

OUESTIONS?

Drop us a line on WhatsApp or send us a text

+43 664 / 23 01 050

Also for insider tips during your vacation.





best deals on

No. 48 on map (see p. 40-41)





Iglu-Dorf Innsbruck Kühtai 6183 Kühtai 24 Tel. +41 41 / 612 27 28 info@iglu-dorf.com, www.iglu-dorf.com



VISIT IGLU-DORF - THE COOLEST RESORT OF THE ALPS

BUILT ENTIRELY OUT OF SNOW, YOU FIND LUXURY AND ADVENTURE COMBINED IN IGLOO STYLE.

Iglu-Dorf Innsbruck Kühtai is a unique Hotel-Bar-Event Location lovingly built out of snow and ice. We serve exclusive cheese fondue and drinks. Beside dinner, hotel guests enjoy a snowshoe tour and the sauna for relaxation.

HELPFUL INFORMATION

- ► Opening times under www.iglu-dorf.com
- ► Bookings under www.iglu-dorf.com or directly via our booking office (+41 41 612 27 28 or info@iglu-dorf.com)
- ▶ Overnight stays inclusive half-board from € 169.- p.p.

We are looking forward to welcoming you at Iglu-Dorf Innsbruck Kühtai

No. 22 on map (see p. 40-41)



Apartments Panorama The Heidegger Family 6183 Kühtai 8 Tel. +43 5239 / 52 72. Fax +43 5239 / 52 53 53 office@heidegger-tirol.at, www.heidegger-tirol.at







APARTMENTS PANORAMA

THAT LEAVE NOTHING TO BE DESIRED

Here you can enjoy unlimited freedom: mind-boggling mountain panoramas, white winter wonderworld, colorful summers, comfortably furnished apartments with WiFi, bedclothes and towels. Your time here will become an unforgettable experience. Families enjoy memorable holidays without any hurry or stressful moments. Everyone does what they want to do. In sports or in fun. After a magnificent day of skiing, you ski right up to the

front door. If you feel like it, you can watch the day wind down on your sun terrace. Every evening there is lots to chat about in the family apartment where you will not lack for anything. You'll simply feel good to be here. Day by day. See you soon at the "Panorama". We have our own sports shop, a further advantage for our guests as well as the ski school opposite the hotel.

WINTER 2023/2024		PRE AND POST SEASON	MIDSEASON	NEW YEAR	MAINSEASON	SKI-FREE
APARTMENTS	Pers.	11.1.25-1.2.25 29.3.25-12.4.25	21.12.24-28.12.24 1.2.25-1.3.25 8.3.25-29.3.25 12.4.25-22.4.25	28.12.24–4.1.25 carnival 1.3.25–8.3.25	4.1.25-11.1.25	30.11.24–20.12.24 7 days apartment
		pro Tag	per day	per day	per day	incl. 7 day ski pass
TOP A 30-35 m ²	2	114.00	140.00	210.00	164.00	934.00
+ 6-9 m ² balcony	3	133.00	162.00	239.00	187.00	1,147.00
ТОР В	2	139.00	160.00	279.00	218.00	1,090.00
45-55 m ²	3	161.00	184.00	307.00	240.00	1,306.00
+ 6-9 m ² balcony	4	184.00	205.00	336.00	263.00	1,495.00
TOP C	4	197.00	233.00	391.00	305.00	1,621.00
65 m ²	5	218.00	254.00	415.00	324.00	1,815.00
+ 6-9 m ² balcony	6	239.00	279.00	448.00	350.00	2,091.00
TOP D	4	225.00	258.00	432.00	337.00	1,829.00
85 m ²	5	243.00	281.00	461.00	360.00	2,024.00
+ 14 m² balcony	6	265.00	304.00	490.00	383.00	2,290.00

Prices are valid in euros per night. All apartments are completely furnished with Sat-TV, dishwasher, etc. Sports Shop in the hotel (guest reductions for ski rental) and a new own e-charging station for our guests. Right next door is the ski school. On request, we will deliver your breakfast rolls daily. Apartments with south or west exposure + € 18.00 surcharge. Children under age 6 are free except at New Year's Eve, Carneval. Prices are in euro per apartment per day incl. all taxes. No credit cards accepted. Payment of our SKI-FREE-WEEKS (incl. ski pass) can only be made in CASH (prices only valid for a 7-day stay). Guaranteed reservations require a deposit (w/o charges to recipient) of € 350.00 to following account: Raika Silz BIC: RZTIAT22316, IBAN:



Kühtaier Dorfstadl, Restaurant and Apartments**** Burkhard Haslwanter 6183 Kühtai 12 Tel. +43 5239 / 52 65. Fax +43 5239 / 52 65-66 kuehtai@dorfstadl.at. www.dorfstadl.at



KÜHTAIER DORFSTADL, RESTAURANT AND APARTMENTS***

APRÈS-SKI FUN WITH "BUGGI"

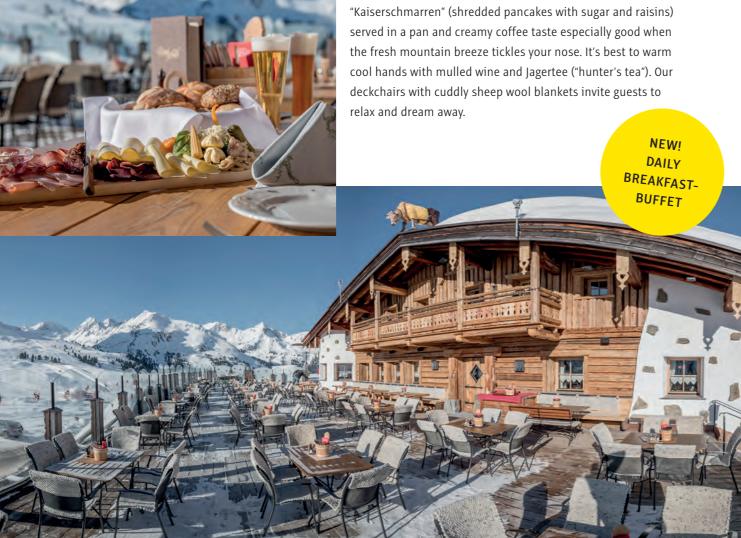
Enjoyment, music and entertainment – with "Buggi" in the traditional and cozy Kühtaier Dorfstadl.

TYROLEAN HOSPITALITY

Well taken care of and pampered by Buggi and his lederhosen team, you will also feel at home with us! Enjoy hearty alpine hut titbits, Tyrolean delicacies and international dishes. Hot meals are served continuously.

PANORAMA SUN TERRACE

Our panorama terrace is surrounded by the impressive mountain world. You can gaze out over snow-covered glistening peaks and fast-paced ski runs. Oven-fresh apple strudel,



No. 43 on map (see p. 40-41)



Graf Ferdinand Haus Inn at the Alpenrosenlift Ingrid Schlögl 6183 Kühtai 78 Tel. +43 5239 / 21 666, Mobile +43 676 / 41 34 880 schloegl@graf-ferdinand.at, www.graf-ferdinand.at

GRAF FERDINAND HAUS

WITH A PANORAMIC VIEW OF THE MOUNTAINS

- ▶ Popular meeting point for skiers, snowboarders, hikers and tobogganists
- ► Directly at the floodlit toboggan run
- ► Beautiful sun terrace with a wonderful panoramic view of the OPEN surrounding mountains
- ► Really cozy parlors with a warming stove also ideal for cele-
- ► Fondue and grill evenings

No. 42 on map (see p. 40-41)





- ► Tyrolean speciality evenings
- ► Toboggan rental for a fee
- ▶ Overnight accommodation at the rustic Trunahütte in summer (start Gschnitztal-Hütten-Rundtour) www. trunahuette.at

- ► Thursday Saturday: non-stop from 10:30 am 10:00 pm (except during holiday periods). Paid taxi transfer up to 09:00 pm on reservation
- ► Sunday to Wednesday: 10:30 am 5:00 pm



Ski stop at the Schwarzmooslift, 2,300 m Family Schlögl 6183 Kühtai Tel. +43 5239 / 52 20 530, Fax +43 5239 / 52 93 hotel@konradin.at, www.konradin.at

PANORAMIC VIEW FROM THE BEACH CHAIR

RUSTIC HUT CHARM AT 2,300 M

- ► Cozy ski hut right on the slopes
- ► Sun terrace with panoramic views
- ► Delicious food & drink. Enjoy skier specialties in & outside



- ► Night skiing is open on Wednesday and Saturday
- ► Company parties and private parties can be booked on
- ► NEW: **SKi**mbiss ideal for a quick, invigorating Stopover



Alte Stube -

À-la-Carte-Restaurant and Bar at the Hotel Konradin Familie Schlögl 6183 Kühtai 39

Tel. +43 5239 / 52 20, Fax +43 5239 / 52 93 hotel@konradin.at, www.konradin.at



REALLY. GOOD FOOD. DRINKS.

RESTAURANT AND BAR IN THE KONRADIN

- ▶ Delicious à la carte dishes or fondue and a cozy atmosphere
- ► Table reservations are welcome at +43 5239 / 52 20 and hotel@konradin.at

OPEN DAILY FROM 6 PM!

No. 46 on map (see p. 40–41)



Loisl's Schirmbar Armin Neurauter Tel +43 699 / 133 75 290 www.mos-food-bbq.com

WELCOME TO OUR LOISL'S SCHIRMBAR!

An unforgettable experience awaits you here in a cozy and welcoming atmosphere. Our bar is the perfect place to relax after a day on the slopes and celebrate après ski.

We offer you a delicious selection of dishes from our new snack bar Mo's Food & BBQ, including tasty burgers and snacks to satisfy your hunger. We will serve you refreshing drinks while you enjoy the good music and great atmosphere.



Come by and let yourself be enchanted by the Loisl's Schirmbar! We promise you an unforgettable time in our comfortable surroundings.

We look forward to welcoming you.

- ▶ Open every day from 10:30 o'clock a.m
- ► Sun terrace with heated outdoor umbrellas
- ► NEW: Mo's Food & BBQ with great burgers and snacks









SKI LESSONS WITH ADDITIONAL VALUE AT AN AWARDED SKI SCHOOL

Winner of the Snow Sports Tirol Quality Award (www.quality-award.com) and presented by the family-friendly ski schools in Tyrol. In 2023/24, our company was certified again with the quality award of Snowsport Tirol for safeguarding the highest standards of quality as an all-in-one ski school for kids as well as adults. You can expect a huge variety of courses from beginner to expert classes.

OUR OFFER FOR KIDS FROM THE AGE OF 3

- ► Lessons with a lot of heart and know-how
- ▶ Bambini lessons for children aged 3
- ► Miniclub Beginners children aged 4 and older
- ► Kids lessons in groups for children aged 4 and older for beginners and intermediates
- ► Indoor climbing for kids, every Wednesday from 5:00 pm
- ▶ 12 performance groups from beginners to intermediates up to professionals
- ► Teens club and freeride groups
- ► Exciting weekly programs depending on age and ski skills
- ▶ Quiz day, safety day, theme days, Kühtis Welcome
- ▶ 2 own conveyor belts available free of charge
- ▶ 2 huge tepees and 1 children's carousel
- ► Helmets provided for free for kids during their lesson
- ► Special "ski drivers licence" for your child

HIGHLIGHTS

- ▶ Free of charge activity programme offered only by Follow me: Every week, we lead free of charge snowshoe walks and cross-country skiing courses for adults and we conduct guided ski tours. You can obtain all the information you might need and find out what's on offer in other respects on our website.
- ► Holiday-Bonus-Card successful partnership in Kühtai: Ask your hotel for the "Holiday Bonus Card" by Follow me and Sport Seppl.

INFORMATION AND BOOKING

You can find us directly in the centre of Kühtai – Sport Seppl - daily from 9:00 am to 5:00 pm. Make sure of your "early **booker" bonus** on group instruction and private lessons simply and swiftly online:

www.follow-me.at, Tel. +43 5239 / 21 688, info@follow-me.at



VALUE ADDED WITH SEAL OF APPROVAL AND 100 % QUALITY GUARANTEE

PRIVATE LESSONS -PROFESSIONAL AND INDIVIDUAL

Kwhti

No. 24 on map (see p. 40-41)

SKISCHOOL

Pamper yourself with something special! Since 1935, we have been providing private lessons with personal dedication to satisfy our customers to the fullest. Under the care of our competent and cautious instructors you can learn new tricks. Improve your technique in a playful and interesting way while enjoying the stunning view and beautiful nature. On request we are happy to pick you up directly from your hotel.

and provide precise and full service. Benefit from our professional experience in winter sports for more than 40 years with competitive prices.

private ski school Kühtai

THE WEEKLY PROGRAM

The "Kühti Express" takes the kids to the "Kühti Kids Ranch", tis Children Party" on Wednesdays guarantee an unforgettable week and offer a variety of impressions to the kids. All lessons can be finished by taking part in a race where all the kids get a gold medal from Kühti.



Your Premium Partner in Kühtai

One-stop-ski-Shop

With our partners, the sport expert Sport Seppl and Jo's Kühtai, you will perfectly enjoy every second of your skiing holiday. Our ski experts advise you individually on trends, materials, designs









while listening and dancing to the "Kühti Song". Lots of fun and different events such as "Kühtis Welcome" on Mondays or "Küh-

Online reservation saves you time and money.

Warum mieten statt kaufen?

Why renting instead of buying? • Kein Transport von zu Hause No transport from your home

- Umtauschmöglichkeit Exchange possibility
- Immer die neuesten Modelle Always the latest models
- Bestens präpariertes Material vor Ort Best groomed equipment on site
- Ersparnis der Service-Kosten Saving of the service costs

Schneller auf der Piste mit Online Reservierung!

Hit the slopes quicker with online booking!

BOOK ONLINE intersport-heidegger.at





We are here for you. Mo-So 9.00-18.00 Uhr

Wir sind für dich da.



INTERSPORT



BOOK

YOUR PREMIUM PARTNER IN KÜHTAI

ALL UNDER ONE ROOF!





Your partner for winter sports in Kühtai

Benefit from more than 40 years of experience in winter sports.

Our ski professionals will advise you individually and offer you a clean and precise ski service.

You can expect expert advice from our highly trained

Our high quality assortment of sporting goods & functional fashion forms the basis for a perfect sports experience.

With our partner, the ski school Follow Me, you can enjoy every second of your ski vacation to the fullest.

Gries 05236 / 334 Kühtai 05239 21651 info@sport-seppl.at www.sport-seppl.at

08:30-12:00

08:30-12:00 Mo-Su 08:30-12:00 14:00–18:00 & from 14:00–18:00

Opening hours Kühtai beginning of the season Open continuously 09:00-18:00





SKI TOUR JEWEL SELLRAINTAL

ski touring trail in Austria to expand your knowledge.

Sellraintal - perfect area for ski tours

With more than 20 three-thousand meter peaks, the Sellraintal is a top-class region for ski touring – enjoying deep powder snow and bright firn, you can plan your ski tour as soon as the first snow has fallen, and well into spring, when it's already green in the valley. From the beginning of winter to the end of May, the Sellraintal ski mountains make one of the most popular ski tour destinations in Tirol. In Praxmar, you will find the 1st educational



LAMPSENSPITZE

Very beautiful and easy cross-country ski tour that is among the most popular at the far end of the Sellrain valley due to its sunny, east-facing position.

ZISCHGELES

A rewarding three-thousand metre climb with stunning panoramic views and a splendid descent.

SCHÖNTALSPITZE

Superb ski tour in the heart of the Stubai Alps, with great slopes and, when the conditions are good, an enjoyable descent.

GLEIRSCHER FERNERKOGEL

breaks with the best views

This challenging ski tour in the Sellrain valley takes you to the highest summit in the area near the Pforzheimer mountain hut, the Gleirscher Fernerkogel (3,194 m).

Further tour tips at www.innsbruck.info/en/skiing/ski-touring/ski-touring-experience.html

incredible mountain panoramas in a stunning, untouched natural environment





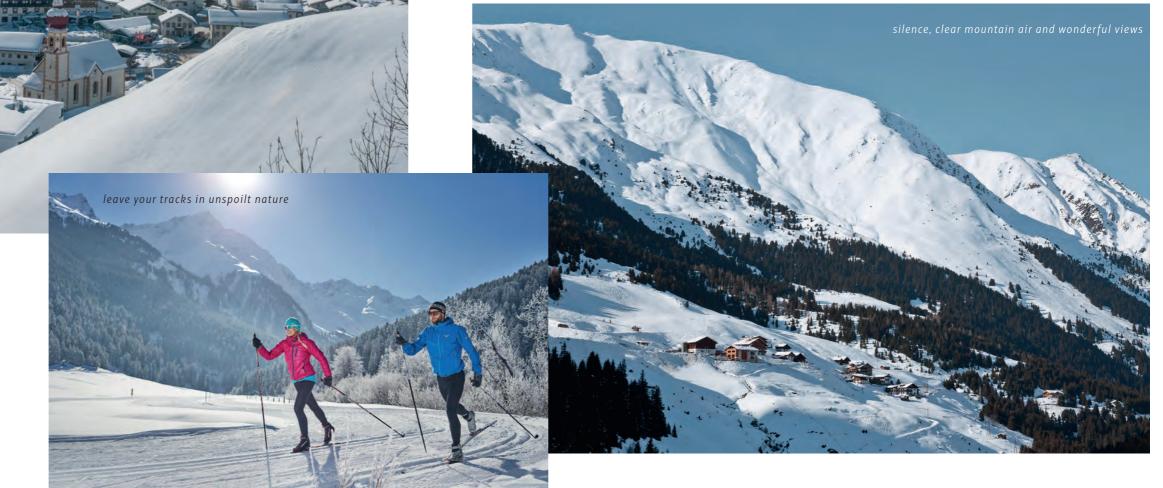




HOORAY FOR NATURE!

Sports activities and fun on the snow white slopes of the natural park – in the mountaineering villages Sellrain, Gries and St. Sigmund/Praxmar. An original valley with a lot of nature, an Alpine world within one's reach – ideal for ski touring,

ice climbers, cross-country skiers, bobsleigh riders, snow-shoe and winter hikers. And of course it is also ideal for skiing in nearby Kühtai, which you can reach in a few minutes with the free ski bus.



ACCOMMODATION IN THE VILLAGES OF SELLRAINTAL

VILLAGES

S Z

Experience nature, enjoy the solitude on the mountains or seek adventures. In the villages of Sellraintal, you will find the real, the authentic, the honest. Hotels, inns, apartments or holiday flats are situated not only in the midst of the diverse Alpine landscape, but also close to Kühtai, the highest ski resort of Austria, and also close to Innsbruck, the capital of the Alps.

APARTMENTS/CHALETS

Ferienhaus Haselwanter

Ferienwohnung Notlehen

+43 664 / 53 04 766, db@immoliebe.at

Ferienwohnung Fotscherblick +43 664 / 17 87 487, fotscherblick@gmx.at

+43 650 / 86 29 645, www.ferienwohnung-viola.at

+43 650 / 52 75 650, otto.haselwanter1@gmail.com

+43 650 / 98 07 899, notlehenhof@gmail.com

+43 664 / 40 59 758, ruza.prantner@gmx.at

+43 664 / 73 65 43 39, wegscheider.kh@aon.at

+43 676 / 88 40 02 012, www.visionshuettendorf.at

+32 474 / 99 14 56, www.sellrainapartment.com

+43 660 / 34 64 914, info@dachstubn.at

Chalet Bergglück

Viola Bläsche

Ruza Prantner

Sellraintaler Auszeit

Sellrainer Dachstubn

Visionshüttendorf

Sellrain Apartment

ACCOMMODATION IN THE VILLAGES OF SELLRAINTAL

Only about 20 villages in Austria have been classified as "mountaineering villages". The villages of Sellrain, Gries im Sellrain and St. Sigmund im Sellrain belong to this exclusive circle.

The mountaineering villages are located between over 1,200 and 1,500 metres above sea level and are surrounded by the most beautiful mountain peaks. Yet they are still only 30 min. away from Innsbruck.

GRIES		Haus Sellrain	+43 512 / 90 80 99
HOTELS/INNS		Ferienwohnung Sunhill	+43 676 / 65 83 241, christian.ruetz4@gmail.co
Sporthotel Antonie	+43 5236 / 203, www.hotel-antonie.at	FARM: ROOMS, APARTMENTS	
PENSIONS/PRIVATE ROOMS		Lexhof	+43 5230 / 857, www.lexhof.at
Gästehaus Ferdl*	+43 5236 / 311, www.gaestehaus-ferdl.at		
Christian Haider	+43 5236 / 284, philippholzer9@gmail.com	ST. SIGMUND/PRAXMAR	
Krapfhof	+43 5236 / 383, www.krapfhof.at	HOTELS/INNS	
Haus Marx	+43 5236 / 335, haus.marx@live.de	Alpengasthof Lüsens	+43 5236 / 215, www.luesens.at
Landhaus Notburga*	+43 5236 / 330, www.landhaus-notburga.at	Alpengasthof Praxmar*	+43 5236 / 212, www.praxmar.at
Stuppenhof	+43 664 / 14 28 496, stuppenhof@gmx.at	Gasthof Ruetz	+43 5236 / 510, www.gasthof-ruetz.at
Landhaus Tyrol	+43 5236 / 219, www.landhaustyrol.com	BOARDING HOUSES/PRIVATE ROOMS	
APARTMENTS/CHALETS		Pension Alpenrose	+43 5236 / 516, www.alpenrose-sellrain.com
Ferienwohnung Bergblick	+43 664 / 38 77 845, horst.pramstaller@gmx.at	Haus Gletscherblick*	+43 5236 / 223, www.praxmar.cc
Ferienhaus Fernerkogel	+43 664 / 49 80 598, www.fernerkogel.at	Haus Johanna	+43 664 / 92 56 604, pension-johanna@gmx.at
Thomas Haider	+43 664 / 43 40 419, haider-schmitt@gmx.at	Pension Praxmarer*	+43 5236 / 517, www.pension-praxmarer.at
Barbara Kapferer	+43 650 / 91 29 358, www.ferienwohnung.kapferer.at	Pension Villerspitze*	+43 5236 / 229, www.villerspitze.at
Gästehaus Mühlbachl	+43 5236 / 337, www.muehlbachl.at	APARTMENTS/CHALETS	
Ferienhaus Stupp	+43 699 / 171 275 71, +43 664 / 65 08 559, www.ferienhaus-stupp.at	Alpine Apartments	+43 699 / 12 56 13 77, www.alpine-apartments.a
Veranda Appartements	+43 699 / 12 57 20 67, www.veranda-appartements.at	Haus Anna	+43 5236 / 210, ferienwohnungen.claudia.rofner@aon.at
Harald Weber	+43 664 / 45 02 529, www.ferienwohnung-harald.at	Bauernhaus Praxmar	+43 664 / 43 87 814, bauernhauspraxmar@gmail.co
Appartement Pfitscherhof	+43 699 / 11 20 93 87, ewald.rofner@aon.at	Haus Erika	+43 5236 / 210,
My Hias Apartments	+43 664 / 32 38 118, www.myhias.at		ferienwohnungen.claudia.rofner@aon.at
Alpine Apartment Belluca	+43 664 / 46 72 014, daniel@genuino.de	Andreas Falkner	+43 5236 / 522
Appartements zur Post	+43 664 / 36 87 171, www.zur-post-gries.at	Ferienhaus Mondstein	+43 664 / 22 03 050, putzihuette@gmx.at
FARM: ROOMS, APARTMENTS		Appartments Schmalzerhof	+43 5236 / 20 736, www.appartements-schmalzerhof.at
Bastls Hof	+43 5236 / 227, www.bastlshof.at	Schwarzerhof	+43 5236 / 212, www.praxmar.at
Falzenhof	+43 5236 / 262, www.ferienwohnung-sellraintal.at	Haus Sonnenalm	+43 664 / 53 77 855, www.sonnenalm.npage.de
Hoisnhof	+43 5236 / 329, www.hoisnhof.at	Ferienhaus Bernstein	+43 664 / 13 16 552, putzha@gmx.at
Haus Schuster	+43 5236 / 329, www.hoisnhof.at	Ferienhaus Bergkristall	+43 664 / 86 31 363, putz-moesern@aon.at
Temelerhof	+43 5236 / 251, www.temelerhof.at		
		HUTS	
SELLRAIN		Pforzheimer Hütte,	+43 5236 / 521, www.pforzheimerhuette.at
HOTELS/INNS		St. Sigmund/Praxmar	
Gasthof Neuwirt	+43 5230 / 212, www.pension-sellrain.at	Potsdamer Hütte, Sellrain	+43 720 / 316 585, www.potsdamer-huette.de
BOARDING HOUSES/PRIVATE ROOMS		Westfalenhaus, St. Sigmund/Praxmar	+43 664 / 78 80 875, www.westfalenhaus.at
Pension Adlerhorst*	+43 5230 / 255, www.adlerhorst-sellrain.at	Je. Jigiliuliu/Flaxillal	

TOURISMUS INFORMATION SELLRAINTAL

LET'S HEAR IT FOR NATURE!

Gries 17, 6182 Gries im Sellrain

T: +43 512 / 53 56 61 82

gries@innsbruck.info

Opening hours: Monday to Friday from 8:00 am to 1:00 pm and 2:00 pm to 5:00 pm *Also offers apartments in addition



Alpenrose St.Sigmund GmbH
St.Sigmund 28
6184 St.Sigmund im Sellrain
Tel.+43 5236 / 516
info@alpenrose-sellrain.com, www.alpenrose-sellrain.com

ALSO A PLEASURE IN SUMMER!

- ► Hiking in the Sellrain Valley
- ► Mountaineering
- ► or simply enjoy the mountain summer

Sommersaison von Mitte Juni bis Ende September

- ► 15 rooms with TV, shower/WC, balcony, (single, double, triple or quadruple bed)
- ▶ Delicious breakfast
- ► Sauna & fitness room



BOOK DIRECTLY ON OUR WEBSITE AT:

www.alpenrose-sellrain.com





HIGH ALTITUDE TRAINING CENTRE IN KÜHTAI

Kühtai is an ideal destination for training thanks to its High Altitude Training Centre combined with great tourism infrastructure, which offers appealing leisure activities for periods of recovery.

TRAINING FACILITIES

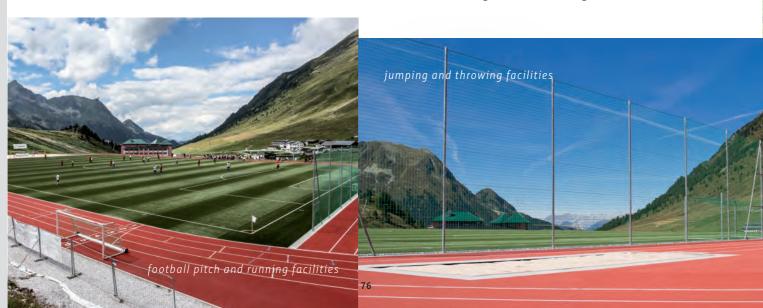
- ► Football training at over 2,020 m above sea level
- ► Running training on the competition track
- ► High jump, long jump and shot put
- ► Altitude training for beach volleyball
- ► Varied running routes
- ► Marked trail running routes
- ► Beach soccer training

TARGET GROUPS

The varied selection of altitude training options at the High Altitude Training Centre in Kühtai is specifically aimed at the following athlete groups:

- ► Top and competitive athletes
- ► Squads
- ► Individual athletes
- ► Sports clubs

High Altitude Training Centre in Kühtai c/o Kühtai Tourist Information, 6183 Kühtai, Austria Tel. +43 512 / 53 56 61 83 info@hoehentraining-kuehtai.com, www.hoehentraining-kuehtai.com/englisch



BREATHE IN -RESPIRE

SUMMER IN KÜHTAI – SELLRAINTAL FROM 900 TO 3,300 M



a haven of peace for all

SELLRAINTALER SUMMER ENJOYMENT



Sellraintal is the perfect place for hiking, being active and relaxing. Alpine meadows, steep slopes, dense forests and craggy cliffs form an incomparable mountain backdrop. Along the way, natural highlights provide unforgettable impressions time and again.

EXPLORE THE VILLAGES OF SELLRAINTAL

They all have something in common: natural and full of sporting challenges. They are in the heart of the diverse Alpine nature and close to the capital of the Alps, Innsbruck. Experiences with nature, mountain solitude or adventure: in Oberperfuss, Kühtai or in the mountain climber villages Gries, St. Sigmund and Sellrain. Here you will find the real, the authentic, the honest. Get to know aspects of rural mountain life in traditional inns and mountain huts, among the people of the village.





INFORMATION ABOUT THE HIKING AREA SELLRAINTALER PATH OF REFLECTION

► High alpine hiking area

SUMMER

- ► Mountaineering villages of Sellrain, Gries and St. Sigmund
- ► View of numerous three-thousanders
- ► Location between 900 and 3,300 meters above sea level
- ► Many tours for advanced hikers and mountaineers
- ► There are also numerous routes of moderate difficulty

This path of reflection leads to countless farms and vantage points over. Fantastic places invite you to linger and enjoy one. The destination is the pilgrimage church of St. Quirin.

HIKING TO THE GLEIRSCHALM

This hike is ideal for families. Start is in the mountaineering village St. Sigmund. You also arrive on the way to the Gleirschalm past a great forest playground.

NATURE AND GLACIER EDUCATIONAL TRAIL

Along the way, 19 information boards provide a lot of informa-

RIDGEWAY HIKING IN SELLRAINTAL

Often rugged and steep, always wild and romantic – a mountain panorama from the picture book: Breathtaking views of countless 3,000 m peaks.

THE SELLRAIN VALLEY MOUNTAIN HUT TOUR

Seven days, 80 kilometers and 5,700 vertical meters make the Sellrain Hut Tour a special mountaineer's experience.

PRAXMAR-KOGELHÜTTE-BERGERSEE

Cozy, beautiful circular hike, through a dreamlike stone pine forest and green meadows, it goes over the Kogelhütte to the Bergersee. The start is at the Alpengasthof Praxmar.

SUMMER WITH THE WELCOME CARD

With the Welcome Card you can (from just 2 nights) not only on many guided hiking tours and e-bike tours participate but also enjoy a wide variety of leisure activities.

You can find more information on page 34 or on www.innsbruck.info/en/welcome





KÜHTAI HIGH ALPINE ROAD

The most beautiful way in the mountain summer. Past unique Landscapes that constantly change with altitude. The pass at 2,020 meters opens up an overwhelming view mountains. And all that free of tolls and vignettes!

KÜHTAI VILLAGE HIKE

This path leads hikers around Kühtai. You can view the place from different perspectives and evade the street almost entirely. The way is suitable for everyone.

RESERVOIRS IN KÜHTAI

A visit to the reservoirs in Kühtai is a special experience. Fascinating, these large lakes with their shimmering turquoise water and to explore the huge dam walls. For this reason the reservoirs are also really popular destinations become: The Finstertal reservoir with the energy showroom, the Längental reservoir and the Kühtai reservoir, which is currently under construction.

THREE LAKES CIRCUIT

After the ascent with the DreiSeenBahn you don't just come past the DreiSeen-Hütte mountain hut, but also at the three Plenderlesseen, finally also at the Hirschebensee

SILZER ENERGY TRAIL

Informative, varied hiking route. Info points and viewing platforms provide interesting facts about the topic water and energy with riddles.

HIGH ALTITUDE PANORAMA TRAIL TO THE FINSTERTAL RESERVOIR

After the ascent with the DreiSeenBahn over the Upper and Lower Plenderlessee, past the DreiSeen hut, then via the highaltitude panoramic trail to the Finstertal reservoir.

PANORAMA VIA FERRATA KÜHTAI

Once you have conquered this via ferrata, the Stubai, Ötztal and Lechtal Alps lie at your feet.

KÜHTAI MOUNTAIN RAILWAY

The DreiSeenBahn cable car takes you quickly and comfortably up to 2,410 metres above sea level. your discovery tours begin. For example, in 8 minutes to the DreiSeen hut with the new Küh playground. Alternatively, in 20 minutes via the high panorama trail to the Finstertal reservoir.

THE HISTORICAL MINERS' TRAIL

The Miners' Trail takes you into the mysterious world of mining, the oxcarts and the tunnels.

KÜHPLAYGROUND

The new KühPlayground is located directly in front of the DreiSeen hut, with a great view of Kühtai. The aim here is to conquer the Kühtai letters and the Kühtai cow. In addition, a wooden ball track playfully demonstrates elements of alpine farming.

More information on

www.kuehtai.info/en/summer









