

HIKING AREA KÜHTAI

Whether hiker or mountain biker, Kühtai is a paradise for all those seeking a truly unique nature experience. Numerous trails lead directly from Kühtai village into the impressive high alpine landscape, through fragrant stone pine forests, across lush green alpine meadows and to more than a dozen mountain lakes. The DreiSeenBahn takes you daily from 20 June to 20 September 2026 from 09:00 am to 04:30 pm up to an altitude of 2,410 metres, where your exploration tours begin.

Passing the Oberer Plenderlessee, **1** you can reach the DreiSeen-Hütte **2** (with the KùhSpielplatz) on foot in just 8 minutes, located right by the Unterer Plenderlessee. From here, you can continue along the Höhenpanoramaweg **4** and reach the Finstertaler Stausee in around 20 minutes or try a climbing tour via the Pockkogel **9** on the via ferrata. The descent leads via the Mittlerer Plenderlessee and on to the Hirschebensee, **6** reaching Kühtai in 90 minutes. Alternatively, you can also walk from the DreiSeen-Hütte to Kühtai via the **14** partly asphalted path.



The DreiSeen-Hütte is also a starting point for tours to the Sulzkogel (3,016 m), the Gaiskogel (2,820 m), the Neunerkogel (2,640 m) or the Pockkogel (2,807 m) and many more. From here, hike via the Finstertaler Stausee to the Längental Stausee, and along the Knappenweg to the Wörgetal.

HIKING SUGGESTIONS FROM KÜHTAI 2,020 M

Estimated walking times for one way

- EASY TOURS:**
- Hirschebensee – 2,160 m / 45 min
 - Längental Stausee – 1,904 m / 1 h
 - DreiSeen-Hütte – 2,310 m / 1 h 30 min
 - Finstertaler Stausee – 2,325 m / 1 h 30 min
 - Kaiser-Franz-Josef-Weg to Marlstein – 1,800 m / 1 h 30 min
 - 3 Schwarzmoosseen – 2,440 m / 2 h

- MODERATE TOURS:**
- Bielefelder Hütte – 2,150 m / 3 h
 - Schweinfurter Hütte – 2,034 m / 4 h
 - Zirnbachalm – Kreuzjoch – 2,556 m / 2 h 30 min
 - Zirnbachalm – Peter-Anich-Hütte – 1,900 m / 5 h

- SUMMIT TOURS:**
- Neunerkogel – 2,642 m / 2 h 30 min
 - Gaiskogel – 2,820 m / 3 h
 - Pirchkogel – 2,828 m / 2 h 30 min
 - Pockkogel – 2,807 m / 3 h
 - Kraspesspitze – 2,948 m / 3 h 30 min
 - Sulzkogel – 3,016 m / 4 h
 - Mittertal – Mittertaler Scharte – 2,631 m / 2 h 45 min
 - Zirnbachalm – Rietzer Grieskogel – 2,884 m / 3 h 30 min



SUMMER PRICES 2026 – DREISEENBAHN KÜHTAI

Detachable 4-seater chairlift with weather protection covers
Cable car operation from Saturday, 20 June, continuously until Sunday, 20 September 2026, from 09:00 am to 04:30 pm.

Prices in € DreiSeenBahn		Ascent+Descent	Descent	Ascent
Adults	1953 – 2006	25.00	20.00	17.50
Youth	2007 – 2011	22.50	18.00	15.50
Children	2012 – 2018	12.50	10.00	9.00

Children born in 2019 and later travel free. Seniors born in 1952 and earlier receive the children's rate. All discounts only valid with a valid photo ID. With valid annual passes (Kühtai, Kühtai-Hochoetz, Freizeitticket Tirol), free transport.
Group discount (from 20 persons) – Contact: bergbahnen@lifte.at
Dogs allowed – transport the owner's responsibility € 3.00
Tickets are available at the ticket office or ticket machine of the DreiSeenBahn.
Free car park. Bicycle transport: ascent € 3.00

WELCOME CARD PLUS

With the Welcome Card Plus of the Innsbruck Tourism Region, one ascent and descent with the DreiSeenBahn is included per stay. The card is available free of charge from participating partner accommodation for stays of **three nights** or more. More information at www.innsbruck.info/en/destinations/accommodation/welcome-card

ÖTZTAL INSIDE SUMMER CARD

3-, 5-, 7- and 10-day passes offer numerous highlights beyond the DreiSeenBahn in Kühtai. These include free rides on all other summer mountain lifts in the Ötztal, free and discounted entry to the AQUA DOME, free entry to AREA 47, swimming pools and lakes, museums, free use of public transport, free and discounted bike hire and much more. The Ötztal Summer Card is not available at the DreiSeenBahn. Sales points and full details at www.oetztal.com/en/oetztal-inside-guest-cards/summer-card

HIKING SUGGESTIONS FROM DREISEENBAHN 2,410 M

- One-way walking times**
- 1 Oberer Plenderlessee** – 2,350 m / 5 min
 - 2 DreiSeen-Hütte** – 2,310 m / 8 min, via Seensteig 15 min, with KùhSpielplatz
 - 3 Via ferrata access** – 2,590 m / 20 min
 - 4 Finstertaler Stausee – Höhenpanoramaweg** – 2,340 m / 20 min
 - 5 Finstertaler Stausee – DreiSeenBahn valley station** – 1,960 m / 1 h 30 min
 - 6 DreiSeen loop – Hirschebensee – Kühtai** – 2,160 m – 2,020 m / 1 h
 - 7 Gaiskogel** – 2,820 m / 1 h 30 min
 - 8 Neunerkogel** – 2,642 m / 1 h 30 min
 - 9 Pockkogel** – 2,807 m / 2 h
 - 10 Finstertaler Scharte – Schartenkopf** – 2,855 m / 2 h
 - 11 Sulzkogel** – 3,016 m / 3 h 30 min
 - 12 Silzer Energieweg** – 1 h 30 min
 - 13 Kühtai Dorfrunde** – 1 h 30 min

Cable car prices and hiking routes



scan me!

Information and hiking tips



scan me!

HIKING TIPS AROUND KÜHTAI



DREISEEN-RUNDE

The **DreiSeenBahn** takes you up to 2,410 m. From there, walk past the Oberer Plenderlessee to the **DreiSeen-Hütte** at 2,311 m. With sun terrace and KuhSpielplatz. Descent via the Mittlerer Plenderlessee to the Hirschebensee, past the Kühtai Höhenleistungszentrum back to the valley station. **Ascent 40 m / Descent 470 m / 5.6 km / 2 h**

SILZER ENERGIEWEG

Varied trail with information points, viewing platform and **quiz on water and energy**. Take the DreiSeen-Bahn up, continue to the Finstertaler Stausee, on to Die Mute and the viewpoint, then descend to the valley station. **Ascent 90 m / Descent 520 m / 4.7 km / 1 h 30 min**

KÜHTAIER DORFRUNDE

From the HochAlterBahn, head to the StartBahn mountain station, then descend to the **Dorfstadl** and the road. Continue to the chapel at **Jagdschloss Kühtai**, then to the **KaiserBahn valley station**. Follow the path towards the Kühtai Höhenleistungszentrum. Ascend gently back to Kühtai and, behind the church, return to the car park. **Ascent 140 m / Descent 140 m / 4.4 km / 1 h 30 min**

HÖHENPANORAMAWEG TO THE STAUSEE FINSTERTAL

Take the DreiSeenBahn up, then continue past the **Oberer Plenderlessee** to the **DreiSeen-Hütte**. Follow the Höhenpanoramaweg to the **Finstertaler Stausee**. Return to the valley station of the Drei-SeenBahn either via the marked trail or along the asphalted path. **Ascent 60 m / Descent 490 m / 4.4 km / 1 h 40 min**

PANORAMA KLETTERSTEIG KÜHTAI

Start approx. 20 minutes from the DreiSeenBahn mountain station. **550 metres of steel cable, 150 steel pins and 60 footholds** secure this very difficult via ferrata. Only for sure-footed, experienced mountain hikers with proper equipment! www.kuehtai.info/climbing

CIRCULAR TRAIL LÄNGENTAL STAUSEE

Family-friendly circular hike around the **Längental Stausee** (currently not fully accessible). Parking at the free car park by the reservoir. **Ascent 38 m / 2.4 km / 45 min** Option: start at the TVB Kühtai, via the Kühtai Dorfrunde to the reservoir and back via the Dorfrunde.

SCHWARZMOOSRUNDE

Start at the HochAlterBahn valley station. Follow the steadily ascending trail to the **Kaiser-Maximilian-Hütte** at 2,264 m, with panoramic views. Continue to the **Schwarzmoos plateau** with fantastic views and several **small lakes**.

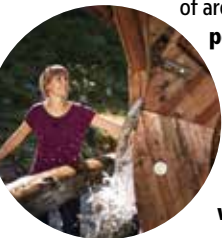
Ascent 538 m / 7.8 km / 1 h 45 min
Descent 470 m / 5.6 km / 2 h

IN THE FOOTSTEPS OF THE MINERS

Knappenweg Kühtai – Hochoetz

The Knappenweg in the Wörgetal in the **Kühtai-Hochoetz alpine region** tells the **story of mining in the 17th century**. Up to 400 miners extracted **copper ore, pyrite and galena at 2,500 m using only manual labour**. Discover the harsh life of miners in the midst of a gentle alpine landscape.

A circular hiking trail at an average altitude of around 2,000 m, with **four access points: Kühtai, Issbrücke, Ochsegarten or Hochoetz**. Elevation gain and distance may vary. Visits to the Knappenhaus are possible as part of a guided hike. **More information at www.kuehtai.info/miners-trail**



STUNNING RESERVOIRS

A visit to the reservoirs in Kühtai is a special experience. It is fascinating to explore these large lakes with their turquoise shimmering water and the impressive dam walls.

STAUSEE FINSTERTAL

This highest reservoir in Kühtai lies at 2,325 m. The rockfill dam is 149 m high and 650 m wide, with a capacity of 60 million m³ of water. You can reach the dam either via the DreiSeenBahn and then along the Höhenpanoramaweg, with a stop at the DreiSeen-Hütte, or by hiking up directly from Kühtai.

STAUSEE LÄNGENTAL

The reservoir, with its 45 m high dam, lies at 1,901 m. The starting point for the family-friendly circular trail around the reservoir is the car park directly at the site. Due to a few steps near the power plant, the path is currently not fully accessible for all users.

STAUSEE KÜHTAI

This reservoir, at 2,140 m is scheduled to go into operation in 2026. Its dam is 113 m high and 510 m wide, with a capacity of 31 million m³. It is located in the Längental, above the existing Längental Stausee.

SCHAURAUM ENERGIE

At the exhibition area at the Finstertaler Stausee, you can learn more about dams, pumped storage power plants and the **Sellrain-Silz power plant group**. Gain insights into energy generation from hydropower. **From July to September, daily from 09:00 am to 05:00 pm.**



THE ALPINE ROSE BLOOM

Kühtai lies in the heart of a natural alpine garden at 2,020 m. From mid-June to mid-July, these alpine flowers are in bloom, covering the mountain slopes in vibrant red.

Numerous hiking trails lead right past the colourful alpine flowers, delighting not only the eye – the fragrance of alpine roses fills the fresh mountain air. Along the slopes dotted with pink and rust-red blossoms, you can choose between leisurely walks and longer hikes lasting from 1 to 3 hours.



TASTY STOPS ALONG THE WAY



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PLAYGROUND WITH A MOUNTAIN VIEW



PLAY. LAUGH. DISCOVER.

KuhSpielplatz at the DreiSeen-Hütte

Take the DreiSeenBahn up to 2,410 m, then walk along an easy path for a few minutes to the DreiSeen-Hütte. The KuhSpielplatz is located right in front of the terrace, with great views over Kühtai. Children can explore the playground, climb the Kühtai letters and discover the world's largest walk-in mother cow with calf (6.5 m). Two wooden marble runs show elements of alpine farming, such as hay rakes, pasture fences, hay racks, butter churns and troughs. Return via the same route to the valley station. **Ascent 40 m / Descent 470 m / 5.6 km / 2 h**



KÜHTAI HOCHALPENSTRASSE

The most beautiful way into the alpine summer – alpine and urban

On the way to Kühtai, you experience unique landscapes that change with the altitude. At the top of the pass at 2,020 m, breathtaking mountain views open up. And all this without toll or vignette! Whether by car, motorcycle or by road bike or mountain bike – the 50-kilometre high alpine road is always a special experience. Kühtai itself and charming stops along the route invite you to linger. The impressive reservoirs can also be visited and provide unforgettable impressions.

From Innsbruck to Kühtai in just 30 minutes via Kematen into the Sellrain, passing through the mountaineering villages of Sellrain, Gries and St. Sigmund. Or from Oetz in the Ötztal through the wild and romantic Nedertal. A scenic alternative leads from Haiming via Haimingerberg to Ochsegarten, then along the pass road to Kühtai. **More information at www.kuehtai.info/kuehtai-high-alpine-road**

THE CYCLING EXPERIENCE – KÜHTAI RODEO

The **Kühtai Rodeo** is a challenge for all road cyclists who want to test their endurance and mental strength. No matter where you start (Kematen, Oetz or Haiming), the Kühtai Rodeo, with a total of **122 kilometres** and **4,250 metres of elevation gain**, is considered one of the toughest mountain routes for road cyclists in Tyrol. **More information at www.kuehtai.info/kuehtai_odeo**



MOUNTAIN HUTS, AND TRADITIONAL RESTAURANTS

Round off your hiking or biking experience with culinary delights.



Lois's Schirbar Tel. +43 699 13375290



Sonne & Schnee, Tel. +43 5239 / 21 600



Kühtai Shop, Tel. +43 5239 / 52 70



VAYA Kühtai, Tel. +43 50 125 627



Kühtai Dorfstadt, Tel. +43 5239 / 5265



Hotel Alpenrose, Tel. +43 5239 / 5205



Restaurant Castello, Tel. +43 5239 / 520 181



Dortmunder Hütte, Tel. +43 5239 / 52 02



DreiSeen-Hütte, Tel. +43 5239 / 52 07

SUMMER 2026



KÜHTAI

COME ON UP ↑ 2.020



lifte.at



SAVE THE DATE



27 June 2026 – Xletix Challenge Tirol

One team, one goal – at the highest obstacle course in Europe www.kuehtai.info/xletix-en

08 August 2026 – Bergkaiser – Cycling event

Urban-alpine cycling marathon, 25 km, 1,400 metres of elevation gain www.kuehtai.info/bergkaiser-en

30 August 2026 – Ötztaler Cycle Marathon

Kühtai 2,020 m – the first of four mountain passes www.kuehtai.info/oetztaler-cycling-marathon

05 September 2026 – Open Construction Site Day Kühtai

The HoheMutBahn is available free of charge www.kuehtai.info/construction-site-open-day

Bergbahnen Kühtai

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Kühtai – host venue of the: **WFS Freestyle, Freeski and Snowboard World Championships Montafon, Halfpipe competitions (ski & snowboard), 03 to 09 March 2027**

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