

KÜHTAI

Whether you are on a hiking or a biking tour, Kühtai is a paradise for those who are searching for a unique nature experience. Directly from the village of Kühtai numerous hiking trails lead into the impressive high mountain landscape, through fragrant stone pine forests, across lush green mountain meadows, to more than one dozen mountain lakes.

DreiSeenBahn

The DreiSeenBahn takes you daily (from 21 June to 21 September 2025) from 09:00 am to 04:30 pm up to 2,410 metres. From the mountain station you walk past the Oberer Plenderlessee 1 and reach the DreiSeen-Hut 2 (with the KühPlayground) which is located directly on the Unterer Plenderlessee, within 8 minutes walking distance. Within further 20 minutes walking distance you can hike over the Höhenpanoramaweg trail 4 and reach the Finstertaler reservoir or even try a climbing tour over the Pockkogel 9 on the via ferrata. The descent takes 90 minutes via the Mittlerer Plenderlessee and on to the Hirschebensee 6 to Kühtai.

Alternatively, you can also hike from the DreiSeen-Hut to Kühtai via the asphalted path 14, a path suitable for prams.

The DreiSeen-Hut is also a good start for different mountain tours for example up to the Sulzkogel (3,016 m), the Gaiskogel (2,820 m) the Neunerkogel (2,640 m) or the Pockkogel (2,807 m) and many more. Starting from the DreiSeen-Hut to the Längentaler reservoir, passing the Finstertaler reservoir you can hike on the legendary Miner's Trail to the Knappenhaus in the Wörgle valley.



DreiSeenBahn valley station – conveniently at 2,410 m

HIKING SUGGESTIONS FROM KÜHTAI 2,020 M

Walking times are only estimated for one way

Easy tours

- » Hirschebensee (2,160 m / 45 min)
- » Längentaler reservoir (1,904 m / 1 h)
- » DreiSeen-hut (2,310 m / 1 h 30 min)
- » Finstertal reservoir (2,325 m / 1 h 30 min)
- » Kaiser-Franz-Josef-trail to Marlstein (1,800 m / 1 h 30 min)
- » 3 Schwarzmoosseen (2,440 m / 2 h)

Medium tours

- » Bielefelder hut (2,150 m / 3 h)
- » Schweinfurter hut (2,034 m / 4 h)
- » Zirnbachalm – Kreuzjoch (2,556 m / 2 h 30 min)
- » Zirnbachalm – Peter-Anich-hut (1,900 m / 5 h)

Summit tours

- » Neunerkogel (2,642 m / 2 h 30 min)
- » Gaiskogel (2,820 m / 3 h)
- » Pirchkogel (2,828 m / 2 h 30 min)
- » Pockkogel (2,807 m / 3 h)
- » Kraspesspitze (2,948 m / 3 h 30 min)
- » Sulzkogel (3,016 m / 4 h)
- » Mittertal – Mittertaler Scharte (2,631 m / 2 h 45 min)
- » Zirnbachalm – Rietzer Grieskogel (2,884 m / 3 h 30 min)



----- Via Ferrata

DreiSeen-Hut managed

14 DreiSeenBahn cable car (4er seater chair lift)

P Parking

Charging Station

Tourismus Information

Sports field

Playground

Museum

PRICES SUMMER 2025 – DREISEENBAHN KÜHTAI

Four seat (detachable) chair lift with bubble

Cable car operation from Saturday, 21 June to Sunday, 21 September 2025, from 09:00 am to 04:30 pm.

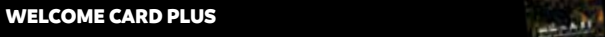
Prices in € DreiSeenBahn	Adults	Youth 2005–2009 Seniors 1946–1960	Children 2010–2016
Ascent & descent	25,00	22,50	12,50
Ascent	20,00	18,00	10,00
Descent	17,50	15,50	9,00

Every 3rd child gets a free ticket! Children born in 2017 or earlier will receive a free ticket. Owner of an annual pass (Kühtai, Kühtai-Hochoetz, Freizeitticket Tirol) can use the lifts without charge.  
Group discount (from 20 persons and up) – contact: [bergbahnen@lift.at](mailto:bergbahnen@lift.at)

Tickets are available at the DreiSeenBahn ticket office or ticket machine. Free parking lots available.

Bicycle transport: Mountain ride for bicycle € 3.00

Dogs allowed - transport at the responsibility of the dog owner € 3.00



WELCOME CARD PLUS

With the Welcome Card plus from the Innsbruck tourism region, one ascent and descent on the DreiSeen-Bahn is free of charge per stay. Guests staying 3 nights or more receive the Welcome Card plus free of charge upon arrival at participating partner establishments.

More information on [www.innsbruck.info/welcome](http://www.innsbruck.info/welcome)

ÖTZTAL INSIDE SUMMER CARD

In addition to the DreiSeenBahn in Kühtai, 3-, 7- and 10-day tickets open up numerous highlights. For example, free rides on a further 11 summer mountain lifts, free admission to AQUA DOME, Area 47, 7 swimming pools/ bathing lakes and 7 museums, free use of public transport, discounts on bike and cycle hire and much more. No sale of the Öztal Inside Summer Card at the DreiSeenBahn.

Points of sale and more information on [www.oetztal.com/summercard](http://www.oetztal.com/summercard)

HIKING SUGGESTIONS FROM DREISEEN-BAHN MOUNTAIN STATION 2,410 M

Walking times are only estimated for one way

- 1 Higher Plenderlessee (2,350 m / 5 min)
- 2 DreiSeen-Hut (2,310 m / 8 min, over Seensteig 15 min), with KühPlayground
- 3 Start Via Ferrata (2,590 m / 20 min)
- 4 Finstertaler reservoir – Höhenpanoramaweg trail (2,340 m / 20 min)
- 5 Finstertaler reservoir – DreiSeenBahn valley station (1,960 m / 1 h 30 min)
- 6 DreiSeen Walk – Hirschebensee – Kühtai (2,160 m – 2,020 m / 1 h)
- 7 Gaiskogel (2,820 m / 1 h 30 min)
- 8 Neunerkogel (2,642 m / 1 h 30 min)
- 9 Pockkogel (2,807 m / 2 h)
- 10 Finstertaler Scharte – Schartenkopf (2,855 m / 2 h)
- 11 Sulzkogel (3,016 m / 3 h 30 min)
- 12 Silzer Energy Trail (1 h 30 min)
- 13 Kühtai Village Walk (1 h 30 min)

Scan me!

Download chairlift prices, hiking routes and tips to your cell phone:



Prices & hiking routes



Hiking tips



TIPS FOR HIKING AROUND KÜHTAI



wonderful views – Kühtai at 2,020 m

DREISEEN WALK

The DreiSeenBahn cable car quickly takes you up to 2,410 m. From there, past the **Upper Plenderlessee**, you can reach on foot in just 8 minutes the **Drei-Seen-Hut** at 2,311 m, which is located directly on the **Lower Plenderlessee**. With sun terrace and large cooling playground. You then go back down via the **middle of the Plenderlessee**, on to the **Hirschebensee** (2,164 m), and back past the High Altitude Training Centre Kühtai to the valley station.  
**Ascent 40 m / descent 470 m / 5.6 km / 2 h**



HÖHENPANORAMAWEG TRAIL TO THE FINSTERTAL RESERVOIR

Go up with the DreiSeenBahn, alight by the **Upper Plenderlessee**, and you'll reach the **DreiSeen-Hut** at 2,311 m, which has a terrace and the KühPlayground, and is located right by the **Lower Plenderlessee**, in just 8 minutes. Then head along the Höhenpanoramaweg trail to the **Finstertal reservoir**. Tip: Visit the **Energy Showroom of Tiroler Wasserkraft AG**. Return to the Drei-SeenBahn valey station either via the marked and signposted trail or via the asphalted path to Kühtai.  
**Ascent 60 m / descent 490 m / 4.4 km / 1 h 40 min**

KÜHTAI VILLAGE WALK

Start at the **HochAlterBahn** valey station, which has free parking, or right next to the **Gasthof Sonne & Schnee**, located at 2,020 m and with a terrace. Go up to the StartBahn mountain station, alighting at Dorfstadt, located at 2,000 m and with a sun terrace, head behind the **Dorfstadt** go down to the street, walk on the pavement to the **Jagdschloss**, to the **chapel**. From there, go to the Kaiser-Bahn valey station, further on to the **Dortmunder Hut** at 1,949 m, which also has a terrace. Cross over the road, on the way to the **High Altitude Training Centre Kühtai**, then go up slightly towards Kühtai and go behind the church again in the direction of Gasthof Sonne & Schnee or the HochAlterBahn car park.  
**Ascent 140 m/ descent 140 m, 4.4 km, 1 ½ h**



SILZ ENERGY TRAIL

Informative, varied hiking route. Information points and viewing platforms provide interesting facts about water and energy with a quiz. By the DreiSeen-Bahn at 2,410 m, over the **DreiSeen-Hut** to the **Finstertal reservoir**, over the dam, up to **Die Mute** at **2.398 m**, then to the lookout point overlooking the construction site of the **Kühtai reservoir**. Go back down to the DreiSeenBahn valey station.  
**Ascent 90 m / descent 520 m / 4.7 km / 1 ½ h**



CIRCULAR HIKING TRAIL LÄNGENTAL RESERVOIR

Slow-paced family hike around the **Längental reservoir** (unfortunately, due to the power plant construction site, this trail is not currently accessible throughout to people with disabilities). You can park at the free car park right by the reservoir.  
**Ascent 38 m, 2.4 km, 45 min**  
**Variant:** Start at the Kühtai Tourism Office (Tourismusbüro), head to the reservoir via the Kühtai village walk, walk around the reservoir, head back via the village walk.

PANORAMA CLIMBING VIA FERRATA



Panorama Climbing Kühtai

Above you lies the adventure

An unmissable experience! The starting point for the approximately four-hour climbing tour is 20 minutes from the **DreiSeenBahn mountain station** (2,410 m). The fascinating, very difficult via ferrata has been secured with 550 metres of steel cable, 150 steel pins and 60 stirrups and offers unforgettable moments in alpine terrain for sure-footed mountain hikers who are free from giddiness and equipped with climbing gear, with via ferrata experience or with the guidance of a mountain guide.

Info and more tours on [www.kuehtai.info/climbing](http://www.kuehtai.info/climbing)

HIKING AND PLAYING

KühPlayground at the DreiSeen-Hut

Take the DreiSeenBahn cable car to 2,410 m and walk to the DreiSeen-Hut in just a few minutes on a comfortable path. The Küh playground is located directly in front of the terrace, with a great view of Kühtai. Children can not only conquer the Kühtai letters on the adventure playground, but also the world's largest walk-in and playable suckler cow with calf at a height of 6 1/2 metres. In addition, two wooden ball tracks playfully show elements of alpine farming, such as hay rakes, ribbon fences, hay racks, butter churns, troughs, etc. and also make cow bells ring.



SCHWARZMOOS CIRCUIT

Start at the HochAlterBahn valley station. Follow the evenly ascending path directly to the **Kaiser-Maximilian-Hut** at 2,264 m, with a marvellous panoramic view. Continue towards the **Schwarzmoos plateau** with its fantastic panorama and various **smaller lakes**. Return past the idyllic **Kaisersee reservoir** back to the starting point.  
**Ascent 538 m / 7.8 km / 1 h 45 min**



IN THE FOOTSTEPS OF THE MINERS

Miners' trail Kühtai - Hchoetz

The miners' trail in the Wörgetal valley in the Kühtai-Hochoezt alpine region tells stories about the mining era in the 17th century. Here, up to 400 miners mined copper pyrites, phyrte and galena at an altitude of 2,500 metres above sea level using pure physical strength. Learn about the hard life of the miners on the Miners' Trail in the middle of the gentle alpine pasture region. Many paths lead to the faithfully reconstructed miners' house and pothouse. The miners' trail is a circular hiking trail at an average altitude of 2,000 metres above sea level. The hikes can be started at the four entry points Kühtai, Issbrücke, Ochsen-garten and Hchoetz and vary in length and altitude metres. A visit to the miners' house is possible as part of a guided hike.

Info and more tours on [www.kuehtai.info/miners-trail](http://www.kuehtai.info/miners-trail)

Explore the miners' trail with the free **Hearonymus** audio guide!  
Download the audio guide directly in the Hearonymus app!  
Open link with QR code on your mobile phone.



Rest on the miners' path



Finstertal reservoir at 2,325 m

RESERVOIRS IN KÜHTAI

Top excursion destinations – the Kühtai reservoirs

Visiting the reservoirs in Kühtai is a special experience. It is fascinating to explore the huge dams and these large lakes with their turquoise shimmering waters. This is why the reservoirs have become really popular destinations. The Sellrain-Silz hydropower plant produces 100% clean electricity, covering about 13% of the total Tyrolean electricity demand.

Finstertal reservoir

This highest reservoir in Kühtai is at 2,325 m, the rockfill dam is 149 m high and 650 m wide, and has a capacity of 60 million m³ of water. You can reach this dam either by using the DreiSeenBahn and further on the high-altitude panorama trail, with a stop at the DreiSeen-Hut, or you can climb straight up from Kühtai.

Längental reservoir

The reservoir, with its 45 m high dam, is located at 1,901 m. The starting point for the family-friendly circular hiking trail around the reservoir is the car park right by the reservoir. Due to a few steps at the power plant, the path is unfortunately not suitable for people with disabilities.

Kühtai reservoir (under construction)

The dam, which is located at 2,140 m, is scheduled to start operation in 2027, has a 113 m high and 510 m wide dam wall and a capacity of 31 million m³. It is located in the Längental valley, above the existing Längental reservoir.

ENERGY SHOWROOM

In the showroom at the Finstertal reservoir, visitors can learn more about the dam's construction and technology, the pump storage system and the Sellrain-Silz power plant group. Gain an interesting insight into the power generation from hydropower, open from the beginning of July to end of September, daily from 09:00 am to 5:00 pm



Energy Showroom



unique driving experience on Kühtai's High Alpine Road

KÜHTAI'S HIGH ALPINE ROAD

The most beautiful route into the mountains in the summer – alpine & urban

On the way to Kühtai you will experience unique landscapes that change constantly with the altitude. The pass summit at 2,020 meters opens up the view of an overwhelming mountain world. On top of all this, it is toll and vignette-free! Whether by car, motorbike or sporty bike or mountain bike – the 50-kilometre-long High Alpine Road is always a special experience. Kühtai itself or charming places to stop for refreshments along the route invite you to linger. The impressive reservoirs are also easy to visit and provide unforgettable impressions. You can get from Innsbruck to Kühtai via Kematen in just 30 minutes, and into the Sellraintal valley through the mountaineering villages of Sellrain, Gries and St. Sigmund. Or you can get from Oetz into the Ötztal valley through the wild and romantic Nedertal valley. A variant with many views goes from Haiming to Ochsen Garten via Haimingerberg, from there, you can get on the mountain pass to Kühtai.

More information on [www.kuehtai.info/kuehtais-high-alpine-road](http://www.kuehtai.info/kuehtais-high-alpine-road)

KÜHTAI RODEO – THE CYCLING EXPERIENCE



The "Kühtai Rodeo" is a challenge for all racing cyclists who want to test their physical condition and mental strength. It doesn't matter where you start (Kematen, Ötz or Haiming) – the Kühtai Rodeo is considered to be one of the hardest mountain routes for racing cyclists in Tyrol with a total of 122 kilometers and 4,250 meters in altitude.

More information on [www.kuehtai.info//kuehtai-rodeo-en](http://www.kuehtai.info//kuehtai-rodeo-en)

THE TASTE OF KÜHTAI

Mountain huts and restaurants

Round off the intense experience of nature while hiking or biking with a hearty snack. Kühtai offers you opportunities in the village itself or on one of the huts. E.g. DreiSeen-Hut – 8 min. away from the mountain station.



DreiSeen-Hut, Tel. +43 5239 / 52 07



Kühtai Shop, Tel. +43 5239 / 52 70



VAYA Kühtai, Tel. +43 5239 / 52 15



Dortmunder Hut, Tel. +43 5239 / 52 02



Sonne & Schnee, Tel. +435239 / 21 600



Schöne Aussicht, Tel. +43 5239 / 52 03



Kühtaler Dorfstadt, Tel. +43 5239 / 52 65



Pizzeria Castello, Tel. +43 5239 / 52 01 at 6:30 p.m

ALPENROSE BLOSSOM

Kühtai is located in the middle of a botanical garden at an altitude of 2,020 meters. This alpine floral species, which covers the mountain slopes with its red splendour, blooms from mid-June to mid-July. Numerous hiking trails lead right past the colourful Alpine flowers, that not only delight the eye – the scent of alpine roses is in the already spicy mountain air! Along the slopes, dotted with pink and rusty red flowers, you can choose from comfortable walks and longer 1-to-3-hour hikes.



EVENTS

**Xletix Challenge Tirol** ([www.kuehtai.info/xletix-en](http://www.kuehtai.info/xletix-en))  
28/6/2025: One team, one goal, at the highest obstacle course in Europe

**Tour of Austria** ([www.kuehtai.info/tour-of-austria-en](http://www.kuehtai.info/tour-of-austria-en))  
12/7/2025: Kühtai is 4. stage of the Tour of Austria

**Bergkaiser – cycling event** ([www.kuehtai.info/bergkaiser-en](http://www.kuehtai.info/bergkaiser-en))  
9/8/2025: Urban-alpine bike marathon, 25 km, 1,400 meters in altitude

**Ötztal Cycling Marathon** ([www.kuehtai.info/oetztaaler-cycling-marathon](http://www.kuehtai.info/oetztaaler-cycling-marathon))  
31/8/2025: Kühtai 2.020 m – the first of 4 passes

Summer 2025



HIKING EXPERIENCING ENJOYING with new KühPlayground



[www.lifte.at](http://www.lifte.at)

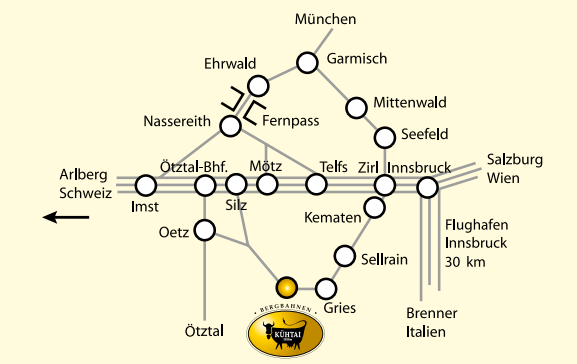
INFORMATION

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Kühtai – Venue of the  
• **Naturbahnrodel World Cup 2025**, and  
• **WM-Halbpipelinecompetitions** Ski+Snowboard within the **FIS Freestyle, Freeski and Snowboard world championship Montafon 2027**

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