

HIKING AREA KÜHTAI

Whether you are on a hiking or a biking tour, Kühtai is a paradise for those who are searching for a unique nature experience. Directly from Kühtai village many hiking routes lead up to the scenic mountains, passing by scented alpine pines and lush green meadows.

DreiSeenBahn

The DreiSeenBahn takes you daily (from 22nd of June to 22nd of September 2024) from 09:00 am to 04:30 pm up to 2,410 metres. From the mountain station you walk past the Oberer Plenderlessee 1 and reach the DreiSeen-Hut 2 (with the new KühPlayground) which is located directly on the Unterer Plenderlessee, within 8 minutes walking distance. Within further 20 minutes walking distance you can hike over the Höhenpanoramaweg trail 4 and reach the Finstertaler reservoir or even try a climbing tour over the Pockkogel 9 on the via ferrata. The descent takes 90 minutes via the Mittlerer Plenderlessee and on to the Hirschebensee 6 to Kühtai. Alternatively, you can also hike from the DreiSeen-Hut to Kühtai via the asphalted path 14, a path suitable for prams.

The DreiSeen-Hut is also a good start for different mountain tours for example up to the Sulzkogel (3,016 m), the Gaiskogel (2,820 m) the Neunerkogel (2,640 m) or the Pockkogel (2,807 m) and many more. Starting from the DreiSeen-Hut to the Längentaler reservoir, passing the Finstertaler reservoir you can hike on the legendary **Miner's Trail** to the Knappenhaus in the Wörgle valley.



DreiSeenBahn mountain station at 2,410 m

HIKING SUGGESTIONS FROM KÜHTAI 2,020 M

Walking times are only estimated for one way

Easy tours

- » Hirschebensee (2,160 m / 45 min)
- » Längentaler reservoir (1,904 m / 1 h)
- » DreiSeen-hut (2,310 m / 1 ½ h)
- » Finstertal reservoir (2,325 m / 1 ½ h)
- » Kaiser-Franz-Josef-trail to Marlstein (1,800 m / 1 ½ h)
- » 3 Schwarzmoosseen (2,440 m / 2 h)

Medium tours

- » Bielefelder hut (2,150 m / 3 h)
- » Schweinfurter hut (2,034 m / 4 h)
- » Zirnbachalm – Kreuzjoch (2,556 m / 2 ½ h)
- » Zirnbachalm – Peter-Anich-hut (1,900 m / 5 h)

Summit tours

- » Neunerkogel (2,642 m / 2 ½ h)
- » Gaiskogel (2,820 m / 3 h)
- » Pirchkogel (2,828 m / 2 ½ h)
- » Pockkogel (2,807 m / 3 h)
- » Kraspesspitze (2,948 m / 3 ½ h)
- » Sulzkogel (3,016 m / 4 h)
- » Mittertal – Mittertaler Scharte (2,631 m / 2 ¾ h)
- » Zirnbachalm – Rietzer Grieskogel (2,884 m / 3 ½ h)



- - - - - Via Ferrata
 DreiSeen-Hut managed
 L DreiSeenBahn cable car (4er seater chair lift)
 P Parking
 i Charging Station
 i Tourismus Information
 f Sports field
 A Playground
 M Museum

PRICES SUMMER 2024 – DREISEENBAHN KÜHTAI

Four seat (detachable) chair lift with bubble

Cable car operation from Saturday, 22nd of June to Sunday, 22nd of September 2024, from 09:00 am to 04:30 pm.

Prices in € DreiSeenBahn	Adults	Youth 2004–2008 Seniors 1945–1959	Children 2009–2015
Ascent & descent	22,00	20,00	11,00
Ascent	18,00	17,00	9,00
Descent	16,00	14,50	8,00

Every 3rd child gets a free ticket! Children born in 2016 or earlier will receive a free ticket. Owner of an annual pass (Kühtai, Kühtai-Hochoetz, Freizeitticket Tirol) can use the lifts without charge.
Group discount (from 20 persons and up) – contact: bergbahnen@lift.at

Tickets are available at the DreiSeenBahn ticket office or ticket machine. Free parking lots available.

Bicycle transport: Mountain ride for bicycle € 2.00
 Dogs allowed - transport at the responsibility of the dog owner € 2.00

WELCOME CARD PLUS

With the Welcome Card plus from the Innsbruck tourism region, one ascent and descent on the DreiSeen-Bahn is free of charge per stay. Guests staying **3 nights** or more receive the Welcome Card plus free of charge upon arrival at participating partner establishments.

More information on www.innsbruck.info/welcome

ÖTZTAL INSIDE SUMMER CARD

3, 7 and 10 day tickets attract with several highlights including the DreiSeenBahn cable car, the Aqua Dome in Längenfeld, the Area 47, the panoramic Timmelsjoch Alpine road, additional mountain gondolas and lifts, public transport, standard bicycle and mountain bike rental for free and many more. No sale of the Öztal Inside Summer Card at the DreiSeenBahn.

Points of sale and more information on www.oetztal.com/summercard

HIKING SUGGESTIONS FROM DREISEEN-BAHN MOUNTAIN STATION 2,410 M

Walking times are only estimated for one way

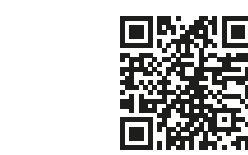
- 1 Higher Plenderlessee (2,350 m / 5 min)
- 2 DreiSeen-Hut (2,310 m / 8 min, over Seensteig 15 min)
NEW: with KühPlayground
- 3 Start Via Ferrata (2,590 m / 20 min)
- 4 Finstertaler reservoir – Höhenpanoramaweg trail (2,340 m / 20 min)
- 5 Finstertaler reservoir – DreiSeenBahn valley station (1,960 m / 1 ½ h)
- 6 DreiSeen Walk – Hirschebensee – Kühtai (2,160 m – 2,020 m / 1 h)
- 7 Gaiskogel (2,820 m / 1 ½ h)
- 8 Neunerkogel (2,642 m / 1 ½ h)
- 9 Pockkogel (2,807 m / 2 h)
- 10 Finstertaler Scharte – Schartenkopf (2,855 m / 2 h)
- 11 Sulzkogel (3,016 m / 3 ½ h)
- 12 Silzer Energy Trail (1 ½ h)
- 13 Kühtai Village Walk (1 ½ h)

Scan me!

Download chairlift prices, hiking routes and tips to your cell phone:



Prices & hiking routes



Hiking tips

TIPS FOR HIKING AROUND KÜHTAI



wonderful views – Kühtai at 2,020 m

DREISEEN WALK

The DreiSeenBahn cable car quickly takes you up to 2,410 m. From there, past the **Upper Plenderlessee**, you can reach the **DreiSeen-Hut** at 2,311 m on foot in just 8 minutes, with a sun terrace and the new KühPlayground, located right by the **Lower Plenderlessee**.

You then go back down via the **middle of the Plenderlessee**, on to the **Hirschebensee** (2,164 m), and back past the High Altitude Training Centre Kühtai to the valey station.

Ascent 40 m / descent 470 m / 5.6 km / 2 h



HÖHENPANORAMAWEG TRAIL TO THE FINSTERTAL RESERVOIR

Go up with the DreiSeenBahn, alight by the **Upper Plenderlessee**, and you'll reach the **DreiSeen-Hut** at 2,311 m, which has a terrace and the KühPlayground, and is located right by the **Lower Plenderlessee**, in just 8 minutes. Then head along the Höhenpanoramaweg trail to the **Finstertal reservoir**. Tip: Visit the **Energy Showroom of Tiroler Wasserkraft AG**. Return to the Drei-SeenBahn valey station either via the marked and signposted trail or via the asphalted path to Kühtai.

Ascent 60 m / descent 490 m / 4.4 km / 1 h 40 min

KÜHTAI VILLAGE WALK

Start at the **HochAlterBahn** valey station, which has free parking, or right next to the **Gasthof Sonne & Schnee**, located at 2,020 m and with a terrace, go up to the StartBahn mountain station, alighting at Dorfstadt, located at 2,000 m and with a sun terrace, head behind the **Dorfstadt** and go down to the street, walk on the pavement to the **Jagdschloss**, to the **chapel**. From there, go to the KaiserBahn valey station, further on to the **Dortmunder Hut** at 1,949 m, which also has a terrace, cross over the road, on the way to the **High Altitude Training Centre Kühtai**, then go up slightly towards Kühtai and go behind the church again in the direction of Gasthof Sonne & Schnee or the HochAlterBahn car park.

Ascent 140 m / descent 140 m, 4.4 km, 1 ½ h



SILZ ENERGY TRAIL

Informative, varied hiking route. Information points and viewing platforms provide interesting facts about water and energy with a quiz. By the DreiSeen-Bahn at 2,410 m, over the **DreiSeen-Hut** to the **Finstertal reservoir**, over the dam, up to **Die Mute** at 2,398 m, then to the lookout point overlooking the construction site of the **Kühtai reservoir**. Go back down to the DreiSeenBahn valey station.

Ascent 90 m / descent 520 m / 4.7 km / 1 ½ h



CIRCULAR HIKING TRAIL LÄNGENTAL RESERVOIR

Slow-paced family hike around the **Längental reservoir** (unfortunately, due to the power plant construction site, this trail is not currently accessible throughout to people with disabilities). You can park at the free car park right by the reservoir.

Ascent 38 m, 2.4 km, 45 min

Variant: Start at the Kühtai Tourism Office (Tourismusbüro), head to the reservoir via the Kühtai village walk, walk around the reservoir, head back via the village walk.

PANORAMA CLIMBING VIA FERRATA



Panorama Climbing Kühtai

Above you lies the adventure

An indispensable experience! The climbing route enables to conquer steep rock faces and ridges, which are usually only possible for **highly experienced professional mountain climbers**. Starting point for the approx. 4 hour lasting tour is the entering point – in a distant of 20 minutes from the DreiSeenBahn Mountain station (2,410 m), clearly signposted. The amazing Via Ferrata on a medium to difficult level has been built with 550 m of steel rope, 150 steel pins and 60 stepping brackets for protection. It offers its conqueror unforgettable moments in the alpine surrounding.

Info and more tours on www.kuehtai.info/climbing

HIKE AND PLAY

NEW: KühPlayground at the DreiSeen-Hut

With the DreiSeenBahn at 2,410 m, you can easily walk to the DreiSeen-Hut, the playground is right in front of the terrace. With a great view of Kühtai. The children can conquer the Kühtai letters in the KühPlayground. In addition, a wooden ball track playfully shows elements of alpine farming, such as hay rakes, ribbon fences, hay racks, butter churns, troughs, etc.



ALPENROSE BLOSSOM

Kühtai is located in the middle of a botanical garden at an altitude of 2,020 meters. This alpine floral species, which covers the mountain slopes with its red splendour, blooms from mid-June to mid-July. Numerous hiking trails lead right past the colourful Alpine flowers, that not only delight the eye – the scent of alpine roses is in the already spicy mountain air! Along the slopes, dotted with pink and rusty red flowers, you can choose from comfortable short walks and longer 1-to-3-hour hikes.



MINER'S TRAIL

Kühtai – Ochsegarten – Hochoetz

The **Miner's Trail** takes hikers into a landscape that could not be more primal. Swiss stone pine forests between steeply rising mountains alternate with rare, high alpine plants. In summer, sheep inhabit the lonely area. It was not always like this. 350 years ago mine workers faced harsh conditions in this high altitude. At 2,500 m above sea level, Up to 450 miners were searching for copper, galenite and pyrite in this remote area. Discover more about this unique landscape, the mysterious Puchersee and the people who have tried to cultivate this region since centuries.

Info and more tours on www.kuehtai.info/miners-trail



miners house at 2002 m



Finstertal reservoir at 2,325 m

RESERVOIRS IN KÜHTAI

Top excursion destinations - the Kühtai reservoirs

Visiting the reservoirs in Kühtai is a special experience. It is fascinating to explore the huge dams and these large lakes with their turquoise shimmering waters. This is why the reservoirs have become really popular destinations. The Sellrain-Silz hydropower plant produces 100% clean electricity, covering about 13% of the total Tyrolean electricity demand.

Finstertal reservoir

This highest reservoir in Kühtai is at 2,325 m, the rockfill dam is 149 m high and 650 m wide, and has a capacity of 60 million m³ of water. You can reach this dam either by using the DreiSeenBahn and further on the high-altitude panorama trail, with a stop at the DreiSeen-Hut, or you can climb straight up from Kühtai.

Längental reservoir

The reservoir, with its 45 m high dam, is located at 1,901 m. The starting point for the family-friendly circular hiking trail around the reservoir is the car park right by the reservoir. Due to a few steps at the power plant, the path is unfortunately not suitable for people with disabilities.



unique driving experience on Kühtai's High Alpine Road

KÜHTAI'S HIGH ALPINE ROAD

The most beautiful route into the mountains in the summer – alpine & urban

On the way to Kühtai you will experience unique landscapes that change constantly with the altitude. The pass summit at 2,020 meters opens up the view of an overwhelming mountain world. On top of all this, it is toll and vignette-free! When driving on the 50 km long High Alpine Road – whether in comfort by car or motorcycle, or in a sporty fashion by bike or mountain bike – Kühtai is always worth a stop along the route or in Kühtai itself. The reservoirs are also easily accessible. You can get from Innsbruck to Kühtai via Kematen in just 30 minutes, and into the Sellrain valley through the mountaineering villages of Sellrain, Gries and St. Sigmund. Or you can get from Oetz into the Ötztal valley through the wild and romantic Nedertal valley. A variant with many views goes from Haiming to Ochsegarten via Haimingerberg, from there, you can get on the mountain pass to Kühtai.

More information on www.kuehtai.info/kuehtais-high-alpine-road

Kühtai reservoir (under construction)

The dam, which is located at 2,140 m, is scheduled to start operation in 2027, has a 113 m high and 510 m wide dam wall and a capacity of 31 million m³. It is located in the Längental valley, above the existing Längental reservoir.

ENERGY SHOWROOM

In the showroom at the Finstertal reservoir, visitors can learn more about the dam's construction and technology, the pump storage system and the Sellrain-Silz power plant group. Gain an interesting insight into the power generation from hydropower, open from the beginning of July to end of September, daily from 09:00 am to 5:00 pm



Energy Showroom

THE TASTE OF KÜHTAI

Mountain huts and restaurants

Round off the intense experience of nature while hiking or biking with a hearty snack. Kühtai offers you opportunities in the village itself or on one of the huts. E.g. DreiSeen-Hut – 8 min. away from the mountain station.



DreiSeen-Hut, Tel. +43 5239 / 52 07



Kaiser Max Hut, Tel. +43 5239 / 52 20-530



Sonne & Schnee, Tel. +435239 / 21 600



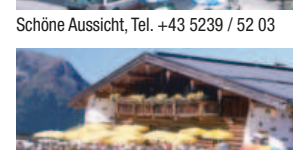
Kühtai Shop, Tel. +43 5239 / 52 70



Schöne Aussicht, Tel. +43 5239 / 52 03



VAYA Kühtai, Tel. +43 5239 / 52 15



Kühtai Dorfstadt, Tel. +43 5239 / 52 65



Dortmunder Hut, Tel. +43 5239 / 52 02



Pizzeria Castello, Tel. +43 5239 / 52 01 at 6:30 p.m



Retreat with wonderful views

HIGH-ALTITUDE CENTRE KÜHTAI



altitude training in Kühtai

On an altitude of over 2,000 m the High-Altitude Centre in Kühtai does not only offer optimal conditions for sports training, but also ideal leisure opportunities. Whether you are a training on a professional or an intermediate level, the training area is giving you a new kind of training experience.

More information on www.hoehentraining-kuehtai.at

EVENTS

Xletix Challenge Tirol (www.kuehtai.info/xletix-en)
22/6/2024: One team, one goal, at the highest obstacle course in Europe

Tour of Austria (www.kuehtai.info/tour-of-austria-en)
7/7/2024: Kühtai is the destination of the Tour of Austria

Bergkaiser – cycling event (www.kuehtai.info/bergkaiser-en)
10/8/2024: Urban-alpine bike marathon, 25 km, 1,400 meters in altitude

ORF summer retreat (www.kuehtai.info/orf-summertour-kuehtai)
30/8/2024: 3 guided hikes, lots of information about nature and energy in Kühtai

43. Ötztal Cycling Marathon (www.kuehtai.info/oetztaeler-cycling-marathon)
1/9/2024: Kühtai 2.020 m – the first of 4 passes

Construction site open day (www.kuehtai.info/construction-site-open-day)
14/9/2024: Information and entertainment at the Kühtai power plant site

Summer 2024



NATURE SPORT EXPERIENCE

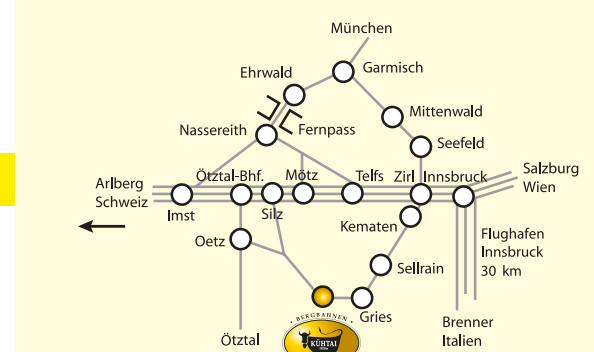


www.lifte.at

INFORMATION

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- Venue of the FIS Freestyle, Freeski and Snowboard World Championships Montafon 2027
- Venue of the 1st Youth Olympic Winter Games 2012



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