- Toboggan Run and Hiking Trail: Start at the bottom station of the DreiSeenBahn, 40-minute walk to the tobogganing hut, distance 2.5 km. Rest stop at the Graf Ferdinand Haus.
- 2 Zirbenbach Hiking Trail Towards Innsbruck: From the Tourist Office head towards Innsbruck. Take the small track from the HochAlter car park towards the "Babylift". Distance approx. 1 km.
- Kaiser-Franz-Josef Trail: From the Sonnenlift, pass under the underpass and walk through a pretty stone pine forest towards Ötz. Approx. 1 hour walk. Walk back after the turning point!
- Knappen Trail: Coming from the Fire Station, pass through the tunnel under the ski slope and then drop down gently towards the toboggan run. Alternatively you can continue along the toboggan run/hiking trail towards the Graf Ferdinandhaus (rest stop).

 Length approx. 0.8 km.

